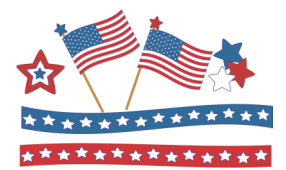


2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 MANICURES & PEDICURES 10:00 ~ This Month in History w/ Debbie ~AR 11:30 ~ Drumming Exercise w/ Adrianna ~ AR 1:45 ~ Watercolor Painting w/ Debbie & Adrianna ~ C 3:00 ~ Bingo w/ Adrianna ~C 6:30 ~ Evening Movie ~AR	2 9:30 ~ Morning Travel ~ AR 10:00 ~ Exercise w/ Danielle ~ C <u>10:45 ~ Trip to Wegmans ~ Outing</u> 1:45 ~ Music w/ Kathy Schleigh ~ C 3:00 ~ LIFE ENRICHMENT MTG W/ D & D ~ C 6:30 ~ Evening Movie ~ AR	3 10:00 ~Gardening Group w/ Debbie~BP 12:00 ~ Walking Group w/ Debbie ~C 1:45 ~ Patriotic Bell Choir w/ Gina ~ AR 3:00 ~ Card Bingo w/ Debbie~ C 6:30 ~ Evening Movie ~AR	4 Fourth of July 11:00 ~ Balloon Volley ball w/Debbie~ C 1:30 ~ Corn Hole w/ Debbie ~ CY 3:00 ~ Kings in the Corner & Afternoon Social w/ Debbie ~ C 6:30 ~ Evening Movie ~ AR	5 9:30 ~ Morning Meditation ~ AR 10:00 ~ Stretch & Tone w/ Debbie ~ AR 10:30 ~ Bingo w/ Danielle ~ MCDR 1:45 ~ Blackjack w/ Debbie ~ AR 3:00 ~ Birthday & Welcome w/ Debbie & Danielle ~ C 6:30 ~ Evening Movie ~ AR	6 10:00 ~ Stretch & Tone w/ Danielle (C) 10:45 ~ Bingo w/ Danielle 2:00 ~ Music w/ Cooper ~ C 3:30 ~ Ice Tea & Lemonade on the Patio w/ Danielle ~ BP 6:30~ Evening Movie ~ AR
7 10:45 ~ Transfiguration Catholic Mass ~ AR 1:30 ~ Brain Games w/ George ~ AR 2:50 ~ Afternoon Drive w/ George 4:15 ~ Documentary ~ AR 6:45 ~ Evening Movie ~ AR	8 9:00 ~ Morning Meditation ~ AR 10 :00 ~ Glenmere Greeters Mtg w/ Debbie 11:30 ~ Drumming Exercise w/ Adrianna ~ AR 1:45 ~ Book Club w/ Debbie ~ C 3:00 ~ Bingo w/ Adrianna ~ C 6:30 ~ Evening Movie ~ AR	9 10:00 ~ Stretch & Tone w/ Danielle ~ AR 10:30~ Coffee Chat in the Courtyard w/ Danielle <u>11:30~ Picnic at the Park ~ O</u> 1:45 ~ Music w/ Mike Kornrich ~ MC 3:00 ~ Euchre w/ Danielle ~ C 6:45 ~ Evening Movie ~ AR	10 10:00 ~ Bible Study w/ Debbie ~ AR 11:00 ~ Visit from Luna ~ C 12:00 ~ Walking Group w/ Debbie 12:00 ~ Men's Baseball Hat Lunch ~ BP 1:30 ~ Men's Drumming w/ Gina ~ C 3:00 ~ Card Bingo w/ Debbie ~ C 6:30 ~ Evening Movie ~ AR	11 9:30 ~ Flower Arranging w/ Debbie ~ C 10:00 ~ Knit/Crochet w/ DP ~ AR 11:30 ~ Stretch w/ DP ~ C 1:45~ DINING COMMITTEE ~ C 3:00 ~ Rochester Monopoly w / DP ~ C 6:30 ~ Evening Movie ~ AR	12 10:00 ~ Stretch & Tone w/ Debbie ~ AR 10:30 ~ Bingo w/ Danielle ~ MCDR 1:15 ~ Putt-Putt Challenge w/ Debbie~ C 4:00 ~ Cocktail Hour w/ Top Brass—CY 6:30 ~ Evening Movie	13 10:00 ~ Stretch & Tone w/ DP ~ C 10:45 ~ Yahtzee w/ Danielle ~ C 2:00 ~ Bingo w/ Danielle ~C 3:30 ~ Ice Cream Floats ~ BP 6:45 ~ Evening Movie ~ AR
14 10:45 ~ Transfiguration Catholic Mass ~ AR 1:30 ~ Brain Games w/ George ~ AR 2:50 ~ Afternoon Drive w/ George 4:15 ~ Documentary ~ AR 6:45 ~ Evening Movie ~ AR	15 9:00 ~ Morning Meditation ~ AR 10:00 ~ Visits with June—Adrianna's Dog ~ C 11:00~Watercolor Painting w/ Debbie ~ C 1:45 ~ Drumming w/ Adrianna ~ C 3:00 ~ Bingo w/ Adrianna ~ C 6:30 ~ Evening Movie ~ AR	16 9:40 ~ Exercise w/ Carly ~ AR TV 10:30 ~ Thanks for the Memories w/ Joe Trionfero ~ C 1:45 ~ Wii Bowling w/ Danielle ~ AR 3:00 ~ Card Games w/ Danielle ~ C 6:30 ~ Evening Movie ~ AR	17 10:00 ~ Audubon Presentation Speaker ~ AR 11:30 ~ RESIDENT COUNCIL ~ AR 12:00 ~ Walking Group w/Debbie 1:45 ~ YMCA Craft Project w/ AOA ~ C 3:00 ~ Chorus w/ Gina ~ AR 6:30 ~ Evening Movie ~ AR	18 9:30 ~ Flower Arranging w/ Debbie ~ C 10:00 ~ Knit/Crochet w/ DP ~ C 11:30 ~ Stretch w/ DP ~ C 1:45 ~ Music w/ Tom & Peg ~ C 4:00 ~ Catholic Communion ~ AR 6:30 ~ Evening Movie ~ AR	19 9:30 ~ Morning Meditation ~ AR 10:00 ~ Stretch & Tone w/ Debbie ~ AR 10:30 ~ Bingo w/ DP~ MCDR <u>11:30 ~ OUT TO LUNCH w/ D & D</u> 1:45 ~ Word Games w/ DL ~ C 4:00 ~ Popsicle H.H.~ C 6:30 ~ Evening Movie ~ AR	20 10:00 ~ Stretch & Tone w/ DP ~ C 10:45 ~ Shuffleboard w/ DP ~ C 2:00 ~ Bingo w/ Danielle ~C 3:30 ~Craft Kits for YMCA kids w/ DP ~ C 6:45 ~ Evening Movie ~ AR
21 10:45 ~ Transfiguration Catholic Mass ~ AR 1:30 ~ Brain Games w/ George ~ AR 2:50 ~ Afternoon Drive w/ George 4:15 ~ Documentary ~ AR 6:45 ~ Evening Movie ~ AR	22 9:00~ Morning Meditation ~ AR 9:30 ~ Bible Study w/ Debbie ~ AR 10:30 ~ Drumming w/Adrianna ~ AR 11:15 ~ Cloverwood Exercise ~C 1:45 ~ Music w/ Adrianna ~ C 3:00 ~ Bingo w/ Adrianna ~ C 6:30~ Evening Movie ~ AR	23 9:30 Morning Meditation ~ AR 10:00 Stretch & Tone w/ DP ~ AR 10:30 ~ Cover the # w/ DP ~ C 11:15 ~ Cloverwood Exercise ~ AR 1:45 ~ Wheel of Fortune w/ DP ~ C 3:00 ~ Euchre w/ Danielle ~ C 6:30 ~ Evening Movie ~ AR	24 9:00 ~ Morning Meditaion ~ AR 10:30 ~ Mayberry w/ Marianna ~ C 11:15 ~ Cloverwood Exercise ~ AR 12:00 ~ Walking Group w/ Debbie ~ C 12:30 ~ Courtyard Lunch ~ Courtyard 3:00 ~ Try an Instrument w/ Gina 6:30 ~ Evening Movie ~ AR	25 9:30 ~ Flower Arranging w/ Debbie ~ C <u>10:00 ~ Red Wings Baseball ~ OUTING</u> 11:15 ~ Cloverwood Exercises ~ AR 1:45 ~ Music w/ Kirk McWhorter ~ C 3:00 ~ Crafting w/ Danielle ~ C 6:30 ~ Evening Movie ~ AR	26 9:30 ~ Morning Meditation ~ AR 10:00 ~ Stretch & Tone w/ Debbie ~ AR 10:30 ~ Bingo w/ Danielle ~ MCDR 11:15 ~ Cloverwood Exercise ~AR <u>1:45 ~ Dollar Store ~ Outing</u> 4:00 ~ Hawaiian Happy Hour ~ CY 6:30 ~ Evening Movie ~ AR	27 10:00 ~ Stretch & Tone w/ DP ~ C 10:45 ~ Table Bowling w/ DP ~ C 2:00 ~ Bingo w/ Danielle ~C 3:30 ~ Armchair Travel: Hawaii ~ AR 6:45 ~ Evening Movie ~ AR
28 10:45 ~ Transfiguration Catholic Mass ~ AR 1:30 ~ Brain Games w/ George ~ AR 2:50 ~ Afternoon Drive w/ George 4:15 ~ Documentary ~ AR 6:45 ~ Evening Movie ~ AR	29 9:40 ~ Exercise w/Carly ~ AR TV 10:00 ~ Current Events w/ Debbie~ C 10:30 ~ Drumming w/Adrianna ~ AR 11:15 ~ Cloverwood Exercise ~ AR 1:45 ~ Music w/ Dick Stacy ~ C 3:00 ~ Bingo w/ Adrianna ~ C 6:30 ~ Evening Movie ~ AR	30 10:00 ~ Stretch & Tone w/ DP~C 11:15 ~ Cloverwood Exercise ~ AR 1:45 ~ Show N Share w/ D & D ~ C 3:00 ~ Volleyball w/ DP ~ C 6:30 ~ Evening Movie ~ AR	31 10:00 ~ Looking at Art w/ Carol ~ AR 11:15 ~ Cloverwood Exercise ~ AR 12:00 ~ Walking Group w/ Debbie ~C 1:45 ~ Hawaiian Music w/ Gina ~ C 3:00 ~ Kings in the Corner w/ Debbie~ C 6:30 ~ Evening Movie ~ AR	ROOM KEY AR ~ Glenmere Activity Room C ~ Glenmere Café CK ~ Glenmere Country Kitchen L ~ Glenmere Library BP ~ Back Patio CY ~ Courtyard MCK ~ Memory Care Kitchen	Life Enrichment Director Chad Estabrooks x1125 Life Enrichment DL/Debbie Lewis x1240 DP/Danielle Pickett x1239 AN/Adrianna Noone x1239 Music Therapist GL/ Gina Lane	Exercise Everyday with Carly Channel 2498 9:30, 10:05 & 1:30 Step by Step Walking Group Everyday at Noon