



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Locations</b> Upper Dining Room—(UD) Lower Dining Room—(LD) Friendly Home Auditorium—(TFH) Courtyard (Ctyd) Lobby (LB); Library—(Lib) Living Room (LR)</p>	<p><b>1</b> 8:30- Chair Yoga video (UD) 10- <b>Tops: Panorama</b> 11- <b>Tops: Panorama</b></p>	<p><b>2</b> 2- Bible &amp; Brew with Rev. Gary (Lib) 3- Karaoke with Cathy (UD)</p>	<p><b>3</b> 10- <b>Wegmans: Pittsford</b> 10:45- <b>Wegmans: CCP</b> 1-3- Crafts &amp; More (LDR) 7- Movie: Heartland (UD)</p>	<p><b>4</b> <i>Independence Day</i></p> 	<p><b>5</b> 2- Let's Talk (Lib) 2- History Out Loud with Dan Cody: Rochester Goes Shopping (TFH) 3:30- <b>Entertainment</b> Harmony Duet 7- Netflix movie (UD)</p>	<p><b>6</b> 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)</p>
<p><b>7</b> 10:30- Christian Worship (TFH) 7- Movies (UD)</p>	<p><b>8</b> 8:30- Chair Yoga video (UD) 10- <b>Tops: Panorama</b> 11- <b>Tops: Panorama</b></p>	<p><b>9</b> 10- Exercise: Donna (UD) 10:30- Catholic Mass (TFH) 1- Dining Committee (UD) 2- Bible &amp; Brew with Rev. Gary (Lib) 5:45- <b>Outing:</b> Buckland Park Concert: Brighton Symphony Orchestra</p>	<p><b>10</b> 10- <b>Wegmans: Pittsford</b> 10:45- <b>Wegmans: CCP</b> 1-3- Crafts &amp; More (LDR) 2- Brighton Library Partners in Reading (LB) 7- Movie: Heartland (UD)</p>	<p><b>11</b> 10- Exercise: Donna (UD) 11:30- <b>Outing:</b> lunch at Mama Lor's—Union Hill 12- Healing Prayers (LR) 4:15 Bible Study (Lib) 7- Bingo (LD)</p>	<p><b>12</b> 2- Let's Talk (Lib) 3:30- <b>Entertainment</b> Standard Time— keyboard, vocals &amp; saxophone 7- Netflix movie (UD)</p>	<p><b>13</b> 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)</p>
<p><b>14</b> 10:30- Christian Worship (TFH) 7- Movies (UD)</p>	<p><b>15</b> 8:30- Chair Yoga video (UD) 10- <b>Tops: Panorama</b> 11- <b>Tops: Panorama</b> 3- Life Enrichment Committee Meeting (LD)</p>	<p><b>16</b> 10- Exercise: Donna (UD) 3- Karaoke with Cathy (UD)</p>	<p><b>17</b> 10- <b>Wegmans: Pittsford</b> 10:45- <b>Wegmans: CCP</b> 1-3- Crafts &amp; More (LDR) 7- Movie: Heartland (UD)</p>	<p><b>18</b> 10- Exercise: Donna (UD) 11:30- <b>Outing:</b> Hochstein Concert at High Falls—lunch at Genesee Brew House 12- Healing Prayers (LR) 2- Gospel &amp; More (LD) 4:15 Bible Study (Lib) 7- Bingo (LD)</p>	<p><b>19</b> 2- Let's Talk (Lib) 3:30- <b>Entertainment</b> John Dady— guitar, vocals &amp; ukulele 7- Netflix movie (UD)</p>	<p><b>20</b> 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)</p>
<p><b>21</b> 10:30- Christian Worship (TFH) 4- Jon &amp; Terry's Hymn Sing-along (UD) 7- Movies (UD)</p>	<p><b>22</b> 8:30- Chair Yoga video (UD) 10- <b>Tops: Panorama</b> 11- <b>Tops: Panorama</b></p>	<p><b>23</b> 10- Exercise: Donna (UD) 2- Bible &amp; Brew with Rev. Gary (Lib)</p>	<p><b>24</b> 10- <b>Wegmans: Pittsford</b> 10:45- <b>Wegmans: CCP</b> 1-3- Crafts &amp; More (LDR) 7- Movie: Heartland (UD)</p>	<p><b>25</b> 10- Exercise: Donna (UD) 12- Healing Prayers (LR) 4:15 Bible Study (Lib) 6:15- <b>Outing:</b> Fairport Gazebo Concert: Taste of Jazz 7- Bingo (LD)</p>	<p><b>26</b> 2- Let's Talk (Lib) 3:30- <b>Entertainment</b> Josh Hauck— piano 7- Netflix movie (UD)</p>	<p><b>27</b> 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)</p>
<p><b>28</b> 10:30- Christian Worship Service (TFH) 3- Dori's Stories: Harry Belafonte 7- Movies (UD)</p>	<p><b>29</b> 8:30- Chair Yoga video (UD) 10- <b>Tops: Panorama</b> 11- <b>Tops: Panorama</b> 2- Healthy Living Series</p>	<p><b>30</b> 10- Exercise: Donna (UD) 3- Town Hall Meeting (LD) 4- Building &amp; Grounds (LD)</p>	<p><b>31</b> 10- <b>Wegmans: Pittsford</b> 10:45- <b>Wegmans: Country Club Plaza</b> 1-3- Crafts &amp; More (LDR) 7- Movie: Heartland (UD)</p>	<p><b>1 August</b> 11:30- <b>Outing:</b> lunch at Schooners on the River</p>	<p><b>Wellness Center</b> Located on the 1st Floor Open 24hrs</p>	<p><b>Catholic Mass</b> Monday—Friday 9:15- St. Thomas More Mass (Channel 2494)</p>

**Must bring own chairs!**



Linden Knoll Phone Numbers	
Linden Front Desk	789-3700
Debra Wildow (Assistant Manager)	789-3710
The Friendly Home	381-1600
Dining Services	269-9676
Need Something Fixed?	789-3366
Reverend Gary Schindler	789-3125
Kathy Main (Volunteer Coordinator)	789-3153
Clean Sweep	789-3222
Linden Knoll Life Enrichment Committee	
Contact any committee Members with ideas or suggestions	
Marianne Flanagan	106
Betsy Enstrom	322
Gene Martzloff	405
Drew Miller	219
Barb Foley	506
Jane Hammele	502
Jean Patterson	620
Maryel Kellogg	303
Judy Meltzer	709
Nancy Rosenberg	210
Joe Blakely	611
Beverly Barnett	710
Kathleen Campbell	807
Flo Dorsey	105
Sue Forman	215
Mary Smith	404
Elsbette Grove	614
Anita Anderson	209

Floor Social Gathers at Linden Knoll	
As a way to increase social opportunities at Linden Knoll the Life Enrichment Committee would like to post when floors have social gatherings together. This could be weekly or monthly and consist of a few neighbors getting together for conversation, coffee or even lunch (it is entirely up to the floor what it entails). Please contact Brandon to inform when your floor would like to have your get together.	
<b>Ground &amp; 8th Floor</b>	<b>Please contact Brandon to inform when your floor would like to have your get together.</b>
<b>1st Floor</b>	1st Tuesday of the month 12pm-1pm; bring your own lunch & drink to lower dining room Betty Lou Pollack 789-3765
<b>2nd Floor</b>	
<b>3rd Floor</b>	Every Tuesday at 6pm—3rd Elevator Lobby Contact: Betsy Enstrom at 233-3950
<b>4th Floor</b>	<b>Please contact Brandon to inform when your floor would like to have your get together.</b>
<b>5th Floor</b>	
<b>6th Floor</b>	2nd Monday at 4pm Contact Joe Blakely 867-1117
<b>7th Floor</b>	<b>Please contact Brandon to inform when your floor would like to have your get together.</b>

**Geva Tickets;**  
Geva info call Jeanne Stickney:  
662-5107  
Box office: 232-4382  
Bus departs at 12:30-pm  
Call about the upcoming 2023  
season & ask for the “senior  
community rate”

**Linden Knoll Store Hours:**  
Monday—Saturday 10am-  
2pm \*Closed Holidays

Linden Knoll programs are Resident  
run & resident driven.  
If you would like to start a program  
please contact Brandon Buonomo