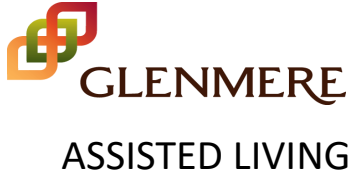



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				ROOM KEY AR ~ Glenmere Activity Room C ~ Glenmere Café CK ~ Glenmere Country Kitchen L ~ Glenmere Library BP ~ Back Patio PR ~ Glenmere Puzzle Room MCK ~ Memory Care Kitchen	Life Enrichment Director Chad Estabrooks x1125 Life Enrichment Specialists Debbie Lewis x1240 Danielle Pickett x1239 Adrianna Noone x1239	1 10:00 ~ Stretch Video (C) 10:45 ~ Table Bowling w/ Danielle ~ C 2:00 ~ Bingo w/ Danielle ~ C 3:30 ~ Gaither Family Concert ~ AR 6:45 ~ Evening Movie ~ AR
2/30 10:45 ~ Transfiguration Catholic Mass (AR) 1:30 ~ Brain Games w/ George ~AR 2:50 ~ Afternoon Drive w/ George 4:15 ~ Documentary ~AR 6:45 ~ Evening Movie ~ AR	3 MANICURES & PEDICURES 10:00 ~ This Month in History w/ Debbie ~AR 11:30 ~ Drumming Exercise w/ Adrianna ~ AR 1:45 ~ Watercolor Painting w/ D & A ~ C 3:00 ~ Bingo w/ Adrianna ~C 6:30 ~ Evening Movie ~AR	4 9:30 ~ Morning Travel ~ AR 10:00 ~ Stretch w/ Danielle ~ C 11:30 ~ PICNIC @ Mendon Pond Park ~ Outing 1:45 ~ Word Fun w/ Danielle ~ C 3:00 ~ Euchre w/ Danielle ~ C 6:30 ~ Evening Movie ~ AR	5 9:30 ~ Gardening Group ~ BP 10:00 ~ Stretch & Tone w/ Debbie ~ AR 11:00 ~ Life Enrichment MTG w/ Danielle & Debbie ~ C 1:45 ~ Meditative Melodies w/ Gina~ AR 3:00 ~ Baking w/ Danielle ~MCDR 3:00 ~ Afternoon Movie ~ AR 6:30~ Evening Movie (AR)	6 9:30 ~ Flower Arranging w/ Debbie ~ C 10:00 ~ Knit/Crochet w/Danielle ~ C 11:30 ~ Stretch w/ Danielle ~ AR 1:45 ~ Scrabble w/ Danielle ~ C 3:00 ~ Birthday & Welcome w/ Debbie & Danielle ~ C 4:00 ~ Catholic Communion ~ AR 6:30 ~ Evening Movie ~ AR	7 9:30 ~ Morning Meditation ~ AR 10:00 ~ Balance Builders ~ AR 10:30 ~ Bingo ~ MCDR 1:30 ~ Scattogories w/ Debbie 3:45 ~ Happy Hour w/ Music from Jelissa Vellake ~ Courtyard 6:30 ~ Evening Movie ~ AR	8 10:00 ~ Stretch & Tone w/ Danielle (C) 10:45 ~ Yahtzee w/ DP (C) 2:00 ~ Bingo w/ Danielle ~C 3:30 ~ Cornhole w/ Danielle ~C 6:45 ~ Evening Movie ~ AR
9 10:45 ~ Transfiguration Catholic Mass ~ AR 1:30 ~ Brain Games w/ George ~ AR 2:50 ~ Afternoon Drive w/ George 4:15 ~ Documentary ~ AR 6:45 ~ Evening Movie ~ AR	10 10 :30 ~ Card Making w/ Shirley & Debbie 11:30 ~ Drumming Exercise w/ Adrianna ~ AR 1:30 ~ Book Club w/ Debbie ~ C 3:00 ~ Bingo w/ Adrianna ~ C 6:30 ~ Evening Movie ~ AR	11 10:00 ~ Cover the Number w/ DP ~ C 11:30 ~ Stretch & Tone w/ Danielle ~ AR 1:45 ~ Music / Steve Petrovich ~ C 3:00 ~ Euchre w/ Danielle ~ C 6:45 ~ Evening Movie ~ AR	12 10:00 ~ Gardening Group ~ BP 11:30 ~ Stretch & Tone Video ~ AR 1:30 ~ We Got Rhythm w/ Gina ~ AR 3:00 ~ Welcome Social for Gina ~ C 6:45 ~ Evening Movie ~ AR	13 9:30 ~ Morning Meditations ~ C 10:00 ~ Knit/Crochet w/ Danielle ~ C 11:30 ~ Stretch w/ Danielle ~ AR 1:45 ~ Broadway Bob ~AR 3:00 ~ Flower Arranging w/ Danielle ~ C 6:45 ~ Evening Movie ~ AR	14 FLAG DAY 9:00 ~ Morning Music ~ TV AR 10:00 ~ Balance Builders ~ AR 10:30 ~ Bingo ~ MCDR 12:00 ~ Men's BBQ ~ BP 4:00~ Happy Hour w/ D & D 6:30 ~ Evening Movie ~ AR	15 10:00 ~ Stretch & Tone w/ Danielle (C) 10:45 ~ Wheel of Fortune w/ DP (AR) 2:00 ~ Bingo w/ Danielle ~C 3:15 ~ Craft Kits w/ Danielle ~ C 6:45 ~ Evening Movie ~ AR
16 Father's Day 10:45 ~ Transfiguration Catholic Mass ~ AR 1:30 ~ Brain Games w/ George ~ AR 2:50 ~ Afternoon Drive w/ George 4:15 ~ Documentary ~ AR 6:45 ~ Evening Movie ~ AR	17 9:30 ~ Exercise w/ Carly ~ AR 10:30~ Glenmere Greeters Mtg.w/ Debbie ~ C 11:30 ~ Drumming w/Adrianna ~ AR 1:45 ~ Travel w/ Beth to Italy~ AR 3:00 ~ Bingo w/ Adrianna ~ C 6:45 ~ Evening Movie ~ AR	18 10:00 ~ Drive & Outing for Strawberries 11:30 ~ Stretch & Tone Video ~ AR 1:45 ~ Music w/ Tom & Peg ~ AR 3:00 ~ Euchre w/ Danielle ~ C 6:45 ~ Evening Movie ~ AR	19 JUNETEENTH 10:00 ~ Gardening Group ~ BP 11:30 ~ RESIDENT COUNCIL ~ AR 1:45 ~ Classical w/ Gina ~ AR 3:00 ~ Juneteenth Celebrations ~ AR 3:00 ~ Baking w/ Danielle ~ MCDR 6:45 ~ Evening Movie ~ AR	20 9:30 ~ Flower Arranging w/ Debbie ~ C 10:00 ~ Knit/Crochet w/ Danielle ~ C 11:30 ~ Stretch w/ Danielle ~ C 1:45 ~ Dining Committee ~ C 4:00 ~ Catholic Communion ~ AR 6:45 ~ Evening Movie ~ AR	21 9:30 ~ Sit & Stretch w/ Carly~ TV AR 10:00 ~ Balance Builders ~ AR 10:30 ~ Bingo ~ MCDR 11:30 ~ OUT TO LUNCH Shadow Lake 4:00~ Happy Hour w/ D & D 6:30 ~ Evening Movie ~ AR	22 10:00 ~ Stretch & Tone w/ Danielle ~ C 10:45 ~ Strawberry Prep w/ DP ~ C 2:00 ~ Bingo w/ Danielle ~ C 3:30 ~ Strawberry Social~ C 6:45 ~ Evening Movie ~ AR
23 50's Week 10:45 ~ Transfiguration Catholic Mass ~ AR 1:30 ~ Brain Games w/ George ~ AR 2:50 ~ Afternoon Drive w/ George 4:15 ~ Documentary ~ AR 6:45 ~ Evening Movie ~ AR	24 9:30 ~ Exercise w/Carly ~ AR TV 10:00 ~ Watercolor Painting w/ D & A ~ C 11:30 ~ Drumming w/Adrianna ~ AR 1:45 ~ Music w/ Dick Stacy ~ C 3:00 ~ Bingo w/ Adrianna ~ C 6:45 ~ Evening Movie ~ AR	25 Sock Hop 10:30 ~ Music w/ Marianna 11:30 ~ Stretch & Tone w/ Danielle ~ AR 1:45 ~ Visit Oak Ridge Horse Farm 3:00 ~ Euchre w/ Danielle ~ C 6:45 ~ Evening Movie ~ AR	26 10:00 ~ Gardening Group ~ BP 11:30 ~ Stretch & Tone w/ Debbie ~ AR 1:45 ~ Chef's Cooking Demo ~ C 3:00 ~ Make Your Own Kind of Music w/ Gina ~ AR 6:45 ~ Evening Movie (AR)	27 9:30 ~ Morning Mediations ~C 9:30 ~ Flower Arranging w/ Debbie ~ C 10:00 ~ Knit/Crochet w/ Danielle ~ C 11:30 ~ Stretch w/ Danielle ~ AR 12:30 ~ Courtyard BBQ ~ 3:00 ~ Reminiscing w/ DP ~ C 6:45 ~ Evening Movie ~ AR	28 9:30 ~ Sit & Stretch w/ Carly~ TV AR 10:00 ~ Balance Builders ~ AR 10:30 ~ Bingo ~ MCDR 1:30 ~ Library Organizing w/ Debbie 4:00 ~ Happy Hour w/ D & D 6:30 ~ Evening Movie ~ AR	29 10:00 ~ Stretch & Tone w/ Danielle ~ AR 10:45 ~ Patriotic Bracelets w/ DP ~ C 2:00 ~ Bingo w/ Danielle ~ C 3:30 ~ Biography on TV ~AR 6:45 ~ Evening Movie ~ AR
	Step by Step Walking Group everyday at Noon		Exercise Everyday with Carly Channel 2498 9:30, 10:05 & 1:30			