




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Locations Upper Dining Room—(UD) Lower Dining Room—(LD) Friendly Home Auditorium—(TFH) Courtyard (Ctyd) Lobby (LB); Library—(Lib) Living Room (LR)</p>	<p>Catholic Mass Monday—Friday 9:15— St. Thomas More Mass (Channel 2494)</p>	<p>Wellness Center Located on the 1st Floor Open 24hrs</p>				<p>1 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)</p>
<p>2 10:30- Christian Worship (TFH) 4- Jon & Terry's Hymn Sing-along (UD) 7- Movies (UD)</p>	<p>3 8:30- Chair Yoga video (UD) 10- Shopping: Pittsford Plaza</p>	<p>4 10- Exercise: Donna (UD) 2- Karaoke with Cathy (UD) 2- Bible & Brew with Rev. Gary (Lib)</p>	<p>5 10- Wegmans: Pittsford 10:45- Wegmans: CCP 1-3- Crafts & More (LDR)</p>	<p>6 10- Exercise: Donna (UD) 11:30- Outing: Lunch Monte Alban 12- Healing Prayers (LR) 4:15 Bible Study (Lib) 7- Bingo (LD)</p>	<p>7 2- Let's Talk (Lib) 3:30- Entertainment Lorenzo Medel—piano (UD) 7- Netflix movie (UD)</p>	<p>8 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)</p>
<p>9 10:30- Christian Worship (TFH) 7- Movies (UD)</p>	<p>10 8:30- Chair Yoga video (UD) 10- Tops: Panorama 11- Tops: Panorama 3- Life Enrichment Committee Meeting (LD)</p>	<p>11 10- Exercise: Donna (UD) 10:30- Catholic Mass (TFH) 2- Karaoke with Cathy (UD) 3- Friendly Home Remembrance Service (TFH)</p>	<p>12 10- Wegmans: Pittsford 10:45- Wegmans: CCP 1-3- Crafts & More (LDR) 2- Dining Committee (UD) 2- Brighton Library Partners in Reading (LB)</p>	<p>13 10- Exercise: Donna (UD) 11:30- Outing: Lunch UMI Japanese Steakhouse 12- Healing Prayers (LR) 2- Gospel & More (LD) 4:15 Bible Study (Lib) 7- Bingo (LD)</p>	<p>14 2- Let's Talk (Lib) 3:30- Entertainment Laura Thurston—guitar & vocals (UD) 7- Netflix movie (UD)</p>	<p>15 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)</p>
<p>16 10:30- Christian Worship (TFH) 7- Movies (UD)</p>	<p>17 8:30- Chair Yoga video (UD) 10- Tops: Panorama 11- Tops: Panorama</p>	<p>18 10- Exercise: Donna (UD) 2- Bible & Brew with Rev. Gary (Lib) 2- Jodi's Group (UD)</p>	<p>19 10- Wegmans: Pittsford 10:45- Wegmans: Country Club Plaza 12:30- Outing: GEVA 2- Rose Tea Entertainment —Hanna PK Duo</p>	<p>20 10- Exercise: Donna (UD) 12- Healing Prayers (LR) 4:15 Bible Study (Lib) 7- Bingo (LD)</p>	<p>21 2- Let's Talk (Lib) 2- History out Loud with Dan Cody: The Rise of the Big Three (TFH) 3:30- Entertainment Kim Pendelberry—harp (UD) 7- Netflix movie (UD)</p>	<p>22 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)</p>
<p>23 10:30- Christian Worship Service (TFH) 3- Dori's Stories: Dick Van Dyke 7- Movies (UD)</p> <hr/> <p>30 10:30- Christian Worship with Marino (FH) 3- Dori's Stories: Patriotic Songs 7- Movies (UD)</p>	<p>24 8:30- Chair Yoga video (UD) 10- Tops: Panorama 11- Tops: Panorama 2- Healthy Living Series</p>	<p>25</p>	<p>26 10- Wegmans: Pittsford 10:45- Wegmans: Country Club Plaza 1-3- Crafts & More (LDR) 6- Outing: Red Wings Game; starts at 6:45</p>	<p>27 12- Healing Prayers (LR) 4:15 Bible Study (Lib) 7- Bingo (LD)</p>	<p>28 2- Let's Talk (Lib) 3:30- Entertainment Nick Costello—guitar & vocals (UD) 7- Netflix movie (UD)</p>	<p>29 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)</p>



Linden Knoll Phone Numbers	
Linden Front Desk	789-3700
Debra Wildow (Assistant Manager)	789-3710
The Friendly Home	381-1600
Dining Services	269-9676
Need Something Fixed?	789-3366
Reverend Gary Schindler	789-3125
Kathy Main (Volunteer Coordinator)	789-3153
Clean Sweep	789-3222
Linden Knoll Life Enrichment Committee	
Contact any committee Members with ideas or suggestions	
Marianne Flanagan	106
Betsy Enstrom	322
Gene Martzloff	405
Drew Miller	219
Barb Foley	506
Jane Hammele	502
Jean Patterson	620
Maryel Kellogg	303
Judy Meltzer	709
Nancy Rosenberg	210
Joe Blakely	611
Beverly Barnett	710
Kathleen Campbell	807
Flo Dorsey	105
Sue Forman	215
Mary Smith	404
Elsbette Grove	614
Anita Anderson	209

Floor Social Gathers at Linden Knoll	
As a way to increase social opportunities at Linden Knoll the Life Enrichment Committee would like to post when floors have social gatherings together. This could be weekly or monthly and consist of a few neighbors getting together for conversation, coffee or even lunch (it is entirely up to the floor what it entails). Please contact Brandon to inform when your floor would like to have your get together.	
Ground & 8th Floor	Please contact Brandon to inform when your floor would like to have your get together.
1st Floor	1st Tuesday of the month 12pm-1pm; bring your own lunch & drink to lower dining room Betty Lou Pollack 789-3765
2nd Floor	
3rd Floor	Every Tuesday at 6pm—3rd Elevator Lobby Contact: Betsy Enstrom at 233-3950
4th Floor	Please contact Brandon to inform when your floor would like to have your get together.
5th Floor	
6th Floor	2nd Monday at 4pm Contact Joe Blakely 867-1117
7th Floor	Please contact Brandon to inform when your floor would like to have your get together.

Geva Tickets;
Geva info call Jeanne Stickney:
662-5107
Box office: 232-4382
Bus departs at 12:30-pm
Call about the upcoming 2023
season & ask for the “senior
community rate”

Linden Knoll Store Hours:
Monday—Saturday 10am-
2pm *Closed Holidays

Linden Knoll programs are Resident
run & resident driven.
If you would like to start a program
please contact Brandon Buonomo