



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Locations</b> Upper Dining Room—(UD) Lower Dining Room—(LD) Friendly Home Auditorium—(TFH) Courtyard (Ctyd) Lobby (LB); Library—(Lib) Living Room (LR)</p>	<p><b>Wellness Center</b> Located on the 1st Floor Open 24hrs</p>	<p><b>TOPS</b> trip 1st Tuesday of the month for senior discount day <i>(this trip will move back to 1st Tuesday in March)</i> <b>Aldis/Target</b> trip the 2nd Monday</p>	<p><b>Catholic Mass</b> Monday—Friday 9:15– St. Thomas More Mass (Channel 2494)</p>	<p><b>1</b> 10- Exercise: Donna (UD) 12- Healing Prayers (LR) 11am-1pm—BP Checks 11:30– Bible Study (Lib) <b>Outing:</b> Winfield Grill—lunch 7- Bingo (LD)</p>	<p><b>2</b> 2– Let’s Talk (Lib) 3:30- <b>Entertainment</b> Debbie McCullough –vocals (UD) 7- Netflix movie (UD)</p>	<p><b>3</b> 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)</p>
<p><b>4</b> 10:30- Christian Worship (TFH) 11– Asbury Service (UD)</p>	<p><b>5</b> 8:30- Chair Yoga video (UD) 10- <b>Tops: Panorama</b> 11- <b>Tops: Panorama</b> 2– Piano Music with Tom Chase (UD) *3:15 Life Enrichment Committee Meeting (LD)</p>	<p><b>6</b> 10- Exercise: Donna (UD) 2- Bible &amp; Brew with Rev. Gary (Lib)</p>	<p><b>7</b> 10- <b>Wegmans: Pittsford</b> 10:45- <b>Wegmans: CCP</b> 12:30– <b>Outing:</b> Geva 1- Crafts &amp; More (LDR) 2– Jodi’s Group– Jewish Resident Group (UD)</p>	<p><b>8</b> 10- Exercise: Donna (UD) 12- Healing Prayers (LR) 4:15 Bible Study (Lib) 7- Bingo (LD)</p>	<p><b>9</b> 2– Let’s Talk (Lib) 3:30- <b>Entertainment</b> Don Newcomb –guitar &amp; vocals (UD) 7- Netflix movie (UD)</p>	<p><b>10</b> 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)</p>
<p><b>11</b> 10:30- Christian Worship (TFH) 11– Asbury Service (UD)</p>	<p><b>12</b> 8:30- Chair Yoga video (UD) 10– <b>Aldis –Penfield *</b> 11– <b>Target—Penfield *</b></p>	<p><b>13</b> 10- Exercise: Donna (UD) 10:30- Catholic Mass (TFH) 2- 2nd Tuesday Music (UD)</p>	<p><b>14</b> <i>Valentines Day</i> 10- <b>Wegmans: Pittsford</b> 10:30– Ash Wednesday Service (TFH) 10:45- <b>Wegmans: CCP</b> 1- Crafts &amp; More (LDR) 2- Brighton Library Partners in Reading (LB)</p>	<p><b>15</b> 10- Exercise: Donna (UD) 12- Healing Prayers (LR) 11:30– <b>Outing:</b> Bar Bill—lunch 2– Gospel Music &amp; More (LD) 4:15 Bible Study (Lib) 7- Bingo (LD)</p>	<p><b>16</b> 2– Let’s Talk (Lib) 3:30- <b>Entertainment</b> Marianna Gonzales –accordion &amp; vocals (UD) 7- Netflix movie (UD)</p>	<p><b>17</b> 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)</p>
<p><b>18</b> 10:30- Christian Worship (TFH) 11– Asbury Service (UD)</p>	<p><b>19</b> 8:30- Chair Yoga video (UD) 10- <b>Tops: Panorama</b> 11- <b>Tops: Panorama</b></p>	<p><b>20</b> 10- Exercise: Donna (UD)</p>	<p><b>21</b> 10- <b>Wegmans: Pittsford</b> 10:45- <b>Wegmans: Country Club Plaza</b> 1- Crafts &amp; More (LDR) 6– <b>Outing:</b> Amerks—hockey game</p>	<p><b>22</b> 10- Exercise: Donna (UD) 12- Healing Prayers (LR) 4:15 Bible Study (Lib) 7- Bingo (LD)</p>	<p><b>23</b> 2– Let’s Talk (Lib) 3:30- <b>Entertainment</b> Nick Costello –guitar &amp; vocals (UD) 7- Netflix movie (UD)</p>	<p><b>24</b> 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)</p>
<p><b>25</b> 10:30– Christian Worship Service (TFH) 11– Asbury Service (UD)</p>	<p><b>26</b> 8:30- Chair Yoga video (UD) 10- <b>Tops: Panorama</b> 11- <b>Tops: Panorama</b></p>	<p><b>27</b> 10- Exercise: Donna (UD)</p>	<p><b>28</b> 10- <b>Wegmans: Pittsford</b> 10:45- <b>Wegmans: Country Club Plaza</b> 11– Town Hall Meeting (LD) 1- Crafts &amp; More (LDR)</p>	<p><b>29</b> 10- Exercise: Donna (UD) 12- Healing Prayers (LR) 4:15 Bible Study (Lib) 6:30– <b>Outing:</b> RPO 7- Bingo (LD)</p>		



Linden Knoll Phone Numbers	
Linden Front Desk	789-3700
Debra Wildow (Assistant Manager)	789-3710
The Friendly Home	381-1600
Dining Services	269-9676
Need Something Fixed?	789-3366
Reverend Gary Schindler	789-3125
Kathy Main (Volunteer Coordinator)	789-3153
Clean Sweep	789-3710
Linden Knoll Life Enrichment Committee	
Contact any committee Members with ideas or suggestions	
Marianne Flanagan	106
Betsy Enstrom	322
Gene Martzloff	405
Drew Miller	219
Barb Foley	506
Jane Hammele	502
Jean Patterson	620
Maryel Kellogg	303
Judy Meltzer	709
Nancy Rosenberg	210
Joe Blakely	611
Flo Dorsey	105
Sue Forman	215
Mary Smith	404
Elsbette Grove	614
Anita Anderson	209

### Floor Social Gathers at Linden Knoll

As a way to increase social opportunities at Linden Knoll the Life Enrichment Committee would like to post when floors have social gatherings together. This could be weekly or monthly and consist of a few neighbors getting together for conversation, coffee or even lunch (it is entirely up to the floor what it entails). Please contact Brandon to inform when your floor would like to have your get together.

<b>Ground &amp; 8th Floor</b>	<b>Please contact Brandon to inform when your floor would like to have your get together.</b>
<b>1st Floor</b>	Betty Lou Pollack 789-3765
<b>2nd Floor</b>	3rd Monday every month—2nd Elevator Lobby at 3pm Contact: Pat Jones at 410-1103
<b>3rd Floor</b>	Every Tuesday at 6pm—3rd Elevator Lobby Contact: Betsy Enstrom at 233-3950
<b>4th Floor</b>	<b>Please contact Brandon to inform when your floor would like to have your get together.</b>
<b>5th Floor</b>	1st Saturday of the month at noon— BYO lunch
<b>6th Floor</b>	2nd Monday at 4pm Contact Joe Blakely 867-1117
<b>7th Floor</b>	<b>Please contact Brandon to inform when your floor would like to have your get together.</b>

**Geva Tickets;**  
Geva info call Jeanne Stickney:  
662-5107  
Box office: 232-4382  
Bus departs at 12:30-pm  
Call about the upcoming 2023 season & ask for the “senior community rate”

**Linden Knoll Store Hours:**  
Monday—Saturday 10am-2pm  
\*Closed Holidays

Linden Knoll programs are Resident run & resident driven.  
If you would like to start a program please contact Brandon Buonomo