




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Catholic Mass Monday—Friday 9:15— St. Thomas More Mass (Channel 2494)	TOPS trip 1st Tuesday of the month for senior discount day Aldis/Target trip the 2nd Monday	1 10- Wegmans: Pittsford 10:45- Wegmans: Country Club Plaza 1- Crafts & More (LDR) 6- Outing: Amerks Game	2 10- Exercise: Tai Chi for Arthritis & Fall Prevent. (UD) 12- Healing Prayers (LR) 4:15 Bible Study (Lib) 7- Bingo (LD)	3 3:30- Entertainment David Stockton —guitar & vocals 7- Netflix movie (UD)	4 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)
5 10:30- Christian Worship ~TFH & 2494~ 11- Asbury Service (UD)	6 8:30- Chair Yoga video (UD) 2- Piano Music with Tom Chase (UD)	7 10- Exercise: Donna (UD) 10- Tops: Panorama 11- Tops: Panorama 2- Bible & Brew with Rev. Gary (LR)	8 10- Wegmans: Pittsford 10:45- Wegmans: Country Club Plaza 1- Crafts & More (LDR) 1- Writing Club 12:30- Outing: GEVA *2- Dining Committee (LD) 2- Brighton Library Partners in Reading (LB)	9 10- Exercise: Tai Chi for Arthritis & Fall Prevent. (UD) 11- Outing: EastView Mall 12- Healing Prayers (LR) 4:15 Bible Study (Lib) 7- Bingo (LD)	10 3:30- Entertainment Marianna Gonzalez —Walt Disney Centennial Celebration 7- Netflix movie (UD)	11 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)
12 10:30- Christian Worship ~TFH & 2494~ 11- Asbury Service (UD)	13 8:30- Chair Yoga video (UD) 10- Aldis –Penfield * 11- Target—Penfield * *3:15 Life Enrichment Committee Meeting (LD)	14 10- Exercise: Donna (UD) 10:30- Catholic Mass (TFH) 2- 2nd Tuesday Music (UD)	15 10- Wegmans: Pittsford 10:45- Wegmans: Country Club Plaza 1- Crafts & More (LDR)	16 10- Exercise: Tai Chi for Arthritis & Fall Prevent. (UD) 12- Healing Prayers (LR) 11:30- Outing: RPO 2- Gospel Music & More (LD) 4:15 Bible Study (Lib) 7- Bingo (LD)	17 3:30- Entertainment John Williams—piano 7- Netflix movie (UD)	18 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)
19 10:30- Christian Worship ~TFH & 2494~ 11- Asbury Service (UD)	20 8:30- Chair Yoga video (UD) 10- Tops: Panorama 11- Tops: Panorama	21 10- Exercise: Donna (UD) 11- Town Hall Meeting 11:45- Building & Grounds Meeting 2- Bible & Brew with Rev. Gary (LR)	22 10- Wegmans: Pittsford 10:45- Wegmans: Country Club Plaza 1- Crafts & More (LDR) 6- Outing: Nutcraker at RPO	23 	24 3:30- Entertainment Debbie McCullough—vocals 7- Netflix movie (UD)	25 10- Exercise (ch. 2494) 11- Corn Hole (Ctyd) 12:30- Rosary 5:30- Communion (UD) 7- Netflix movie (UD)
26 10:30-- Christian Worship with Rev. Marino ~TFH & 2494~ 11- Asbury Service (UD) 3- Dory's Stories: Julie Andrews	27 8:30- Chair Yoga video (UD) 10- Tops: Panorama 11- Tops: Panorama 2- Asbury Advent Communion (LDR)	28 10- Exercise: Donna (UD)	29 10- Wegmans: Pittsford 10:45- Wegmans: Country Club Plaza 1- Crafts & More (LDR)	30 10- Exercise: Tai Chi for Arthritis & Fall Prevent. (UD) 12- Healing Prayers (LR) 4:15 Bible Study (Lib) 11:30- Outing: Bamboo House 7- Bingo (LD)	Locations Upper Dining Room—(UD) Lower Dining Room—(LD) Friendly Home Auditorium— (TFH) Library—(Lib) Courtyard (Ctyd) Lobby (LB) Living Room (LR)	Wellness Center Located on the 1st Floor Open 24hrs



Linden Knoll Phone Numbers	
Linden Front Desk	789-3700
Debra Wildow (Assistant Manager)	789-3710
The Friendly Home	381-1600
Dining Services	269-9676
Need Something Fixed?	789-3366
Reverend Gary Schindler	789-3125
Kathy Main (Volunteer Coordinator)	789-3153
Clean Sweep	789-3710
Linden Knoll Life Enrichment Committee	
Contact any committee Members with ideas or suggestions	
Marianne Flanagan	106
Betsy Enstrom	322
Gene Martzloff	405
Drew Miller	219
Janet Schumacher	312
Barb Foley	506
Jane Hammele	502
Jean Patterson	620
Maryel Kellogg	303
Judy Meltzer	709
Nancy Rosenberg	210
Joe Blakely	611
Flo Dorsey	511
Sue Forman	215
Mary Smith	404
Elsbette Grove	614
Anita Anderson	209

Floor Social Gathers at Linden Knoll	
As a way to increase social opportunities at Linden Knoll the Life Enrichment Committee would like to post when floors have social gatherings together. This could be weekly or monthly and consist of a few neighbors getting together for conversation, coffee or even lunch (it is entirely up to the floor what it entails). Please contact Brandon to inform when your floor would like to have your get together.	
Ground & 8th Floor	Please contact Brandon to inform when your floor would like to have your get together.
1st Floor	First Tuesday of the Month—Lower dining room 12-1pm Bring our own lunch Contact: Betty Lou Pollack 789-3765
2nd Floor	3rd Monday every month—2nd Elevator Lobby at 3pm Contact: Pat Jones at 410-1103
3rd Floor	Every Tuesday at 6pm—3rd Elevator Lobby Contact: Betsy Enstrom at 233-3950
4th Floor	Please contact Brandon to inform when your floor would like to have your get together.
5th Floor	1st Saturday of the month at noon— BYO lunch
6th Floor	2nd Monday at 4pm Contact Joe Blakely 867-1117
7th Floor	Please contact Brandon to inform when your floor would like to have your get together.

Geva Tickets;
Geva info call Jeanne Stickney:
662-5107
Box office: 232-4382
Bus departs at 12:30-pm
Call about the upcoming 2023
season & ask for the “senior
community rate”

Linden Knoll Store
Hours: Monday—
Friday 10:30-am-12pm &
1pm—2pm & Saturday
10:30--12pm *Closed
Holidays

Linden Knoll programs are Resident
run & resident driven.
If you would like to start a program
please contact Brandon Buonomo