

January 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 *New Year's Day* 8:00 ~ Catholic Mass (*TV Ch 43) 9:45 ~ Gentle Exercise (TV) 10:45 ~ Third Presbyterian Church Service (GAR) 1:30 ~ Gentle Exercise (TV) 6:45 ~ Evening Movie (MCL)	2 9:30 ~ Moving 2 Music w/ Taylor (MCL) 10:00 ~ Brain Games w/ Taylor (MCL) 11:00 ~ Life Enrichment Mtg. (GAR) 1:45 ~ Music Game w/ Taylor (MCL) 3:00 ~ Puzzle Time (Lounge) 4:00 ~ Birthday & Housewarming Party (Café) 6:45 ~ Evening Movie (MCL) 7:00 ~ Rick Steves (TV)	3 9:30 ~ Balloon Volleyball w/ Debbie (MCL) 10:15 ~ Creative Crafts w/ Debbie (MCL) 1:40 ~ Larry Shearer Presents: Life & Music of Johnny Mathis (GAR) 3:30 ~ Catholic Mass: Transfiguration (MCK) 6:45 ~ Evening Movie (MCL)	4 9:30 ~ Drumming Exercise w/ Taylor (MCL) 10:15 ~ Word Games w/ Taylor (MCL) 1:45 ~ MUSIC w/ Taylor (Café) 3:30 ~ Bingo w/ Debbie (Café) 6:45 ~ Evening Movie (MCL)	5 9:30 ~ Stretch & Tone w/ Debbie (MCL) 10:15 ~ Morning Connections with Debbie (MCL) 1:45 ~ MUSIC w/ Mike Sidoti (Café) 3:30 ~ Getting to Know You with Debbie (MCL) 4:00 ~ Catholic Communion Service (GAR) 6:45 ~ Evening Movie (MCL)	6 9:30 ~ Morning Music w/ Taylor (MCK) 10:30 ~ BINGO w/ Taylor (MCK) 1:45 ~ Music Trivia w/ Taylor (MCK) 3:30 ~ Cocktail Hour (MCL) 6:45 ~ Evening Movie (MCL)	7 9:45 ~ Gentle Exercise (TV) 11:00 ~ BINGO w/ Shannon (Café) 11:00 ~ Chair Yoga (TV) 1:45 ~ ART w/ Shannon (Café) 6:45 ~ Evening Movie (MCL) 7:00 ~ Lawrence Welk Show (*TV 11)
8 8:00 ~ Catholic Mass (*TV Ch 43) 9:45 ~ Gentle Exercise (TV) 10:45 ~ Third Presbyterian Church Service (GAR) 1:30 ~ Trivia Time w/ George (Café) 1:30 ~ Gentle Exercise (TV) 6:45 ~ Evening Movie (MCL)	9 9:30 ~ Moving 2 Music w/ Taylor (MCL) 10:15 ~ Baking Group w/ Taylor (MCK) 1:45 ~ Music Game w/ Taylor (MCL) 3:00 ~ Casino Games w/ Debbie & Taylor (Café) 4:00 ~ Social Hour (Café) 6:30 ~ MUSIC w/ "Harmony" (Café)	10 9:30 ~ Balloon Volleyball w/ Debbie (MCL) 10:00 ~ Movie @ Cloverwood Theater 10:15 ~ Boost Your Brain w/ Debbie (MCL) 1:45 ~ MUSIC w/ Tom & Peg (Café) 3:30 ~ Catholic Mass: Transfiguration (MCK) 6:45 ~ Evening Movie (MCL)	11 9:30 ~ Drumming Exercise w/ Taylor (MCL) 10:15 ~ Word Games w/ Taylor (MCL) 1:45 ~ MUSIC w/ Taylor & Adrianna (Café) 3:30 ~ Bingo w/ Adrianna (Café) 6:45 ~ Evening Movie (MCL)	12 9:30 ~ Stretch & Tone w/ Debbie (MCL) 10:15 ~ Morning Connections w/ Debbie (MCL) 1:45 ~ MUSIC w/ Standard Time (Cafe) 3:30 ~ Sharing YOUR Story with Debbie (MCL) 6:45 ~ Evening Movie (MCL) 7:00 ~ Livestream Concert (TV)	13 9:30 ~ Morning Music w/ Taylor (MCK) 10:30 ~ BINGO w/ Taylor (MCK) 1:45 ~ Music Trivia w/ Taylor (MCL) 3:30 ~ Cocktail Hour (MCL) 6:45 ~ Evening Movie (MCL) +1:1 Supportive Visits w/ Taylor	14 9:45 ~ Gentle Exercise (TV) 11:00 ~ BINGO w/ Debbie (Café) 11:00 ~ Chair Yoga (TV) 1:45 ~ Story Sharing w/ Debbie (Café) 6:45 ~ Evening Movie (MCL) 7:00 ~ Lawrence Welk Show (*TV 11)
15 8:00 ~ Catholic Mass (*TV Ch 43) 9:45 ~ Gentle Exercise (TV) 10:45 ~ Third Presbyterian Church Service (GAR) 1:30 ~ Trivia Time w/ George (Café) 1:30 ~ Gentle Exercise (TV) 6:45 ~ Evening Movie (MCL)	16 *MLK Jr. Day* 9:30 ~ Moving 2 Music w/ Taylor (MCL) 10:30 ~ Brain Games w/ Taylor (MCL) 1:45 ~ Travel Talk w/ Beth (GAR) 3:00 ~ Music Game w/ Taylor (MCL) 4:00 ~ Social Hour (Café) 6:45 ~ Evening Movie (MCL) 7:00 ~ Rick Steves (TV)	17 9:30 ~ Balloon Volleyball w/ Debbie (MCL) 10:15 ~ Creative Crafts w/ Debbie (MCL) 1:45 ~ Sharing Your Story w/ Debbie (MCL) 3:30 ~ Catholic Mass: Transfiguration (MCK) 6:45 ~ Evening Movie (MCL)	18 9:30 ~ Drumming Exercise w/ Taylor (MCL) 10:15 ~ Word Games w/ Taylor (MCL) 11:30 ~ Resident Council Mtg. (GAR) 1:30 ~ MUSIC w/ Taylor (Café) 3:30 ~ Bingo w/ Debbie (Cafe) 6:45 ~ Evening Movie (MCL)	19 9:30 ~ Stretch & Tone w/ Debbie (MCL) 10:15 ~ Brain Games w/ Debbie (MCL) 1:15 ~ Getting to Know You with Debbie (MCL) 3:00 ~ MUSIC w/ Marianna (Café) 4:00 ~ Catholic Communion Service (GAR) 6:45 ~ Evening Movie (MCL) 7:00 ~ Livestream Concert (TV)	20 9:30 ~ Morning Music w/ Taylor (MCK) 10:30 ~ BINGO w/ Taylor (MCK) 1:45 ~ Chinese New Year w/ Debbie & Taylor (Café) 3:30 ~ Cocktail Hour (MCL) 6:45 ~ Evening Movie (MCL) +1:1 Supportive Visits w/ Taylor	21 9:45 ~ Gentle Exercise (TV) 11:00 ~ BINGO w/ Shannon (Café) 11:00 ~ Chair Yoga (TV) (Café) 1:45 ~ ART w/ Shannon (Café) 6:45 ~ Evening Movie (MCL) 7:00 ~ Lawrence Welk Show (*TV 11)
22 8:00 ~ Catholic Mass (*TV Ch 43) 9:45 ~ Gentle Exercise (TV) 10:45 ~ Third Presbyterian Church Service (GAR) 1:30 ~ Trivia Time w/ George (Café) 1:30 ~ Gentle Exercise (TV) 6:45 ~ Evening Movie (MCL)	23 9:30 ~ Moving 2 Music w/ Taylor (MCL) 10:15 ~ Baking Group w/ Taylor (MCK) 1:45 ~ Marlin the Magician (Café) 3:00 ~ Music Game w/ Taylor (MCL) 4:00 ~ Social Hour (Café) 6:45 ~ Evening Movie (MCL) 7:00 ~ Rick Steves (TV)	24 9:30 ~ Balloon Volleyball w/ Debbie (MCL) 10:15 ~ Boost Your Brain Power with Debbie (MCL) 1:45 ~ MUSIC w/ John Dady (Café) 3:30 ~ Catholic Mass: Transfiguration (MCK) 6:45 ~ Evening Movie (MCL)	25 9:30 ~ Drumming Exercise w/ Taylor (MCL) 10:15 ~ Word Games w/ Taylor (MCL) 1:45 ~ MUSIC w/ Taylor & Adrianna (Café) 3:30 ~ BINGO w/ Adrianna (Café) 6:45 ~ Evening Movie (MCL)	26 9:30 ~ Stretch & Tone w/ Debbie (MCL) 10:30 ~ Word Games w/ Adrianna (MCL) 1:30 ~ Coloring w/ Adrianna (MCL) 2:30 ~ Hymn Sing w/ Taylor (GAR) 3:30 ~ Sharing Your Story with Debbie (MCL) 4:00 ~ Protestant Communion (GAR) 6:45 ~ Evening Movie (MCL)	27 9:30 ~ Morning Music w/ Adrianna (Kitchen) 10:30 ~ BINGO w/ Adrianna (Kitchen) 1:45 ~ Brain Games w/ Adrianna (MCL) 3:30 ~ Cocktail Hour (MCL) 6:45 ~ Evening Movie (MCL)	28 9:45 ~ Gentle Exercise (TV) 10:30 ~ BINGO w/ Debbie (Café) 11:00 ~ Chair Yoga (TV) 1:45 ~ MUSIC with Dave Marchionne (Café) 6:45 ~ Evening Movie (MCL) 7:00 ~ Lawrence Welk Show (*TV 11)
29 8:00 ~ Catholic Mass (*TV Ch 43) 9:45 ~ Gentle Exercise (TV) 10:45 ~ Third Presbyterian Church Service (GAR) 1:30 ~ Trivia Time w/ George (Café) 1:30 ~ Gentle Exercise (TV) 6:45 ~ Evening Movie (MCL)	30 9:30 ~ Moving 2 Music w/ Taylor (MCL) 10:00 ~ Brain Games w/ Taylor (MCL) 1:45 ~ MUSIC w/Dick Stacy (Café) 3:00 ~ Puzzle Time (Lounge) 4:00 ~ Social Hour (Café) 6:45 ~ Evening Movie (MCL) 7:00 ~ Rick Steves (TV)	31 9:30 ~ Balloon Volleyball w/ Debbie (MCL) 10:15 ~ Word Games w/ Debbie (MCL) 1:45 ~ Door Decorations w/ Debbie & Taylor (Café) 3:30 ~ Catholic Service (MCK) 6:45 ~ Evening Movie (MCL)	DAILY 9:45 & 1:30 Gentle Exercise with Carly (TV Channel 1389)	ROOM KEY TV – CHANNEL 1389 MCK — MEMORY CARE KITCHEN MCL—MEMORY CARE LOUNGE GAR — GM ACTIVITY ROOM Café — GLENMERE CAFE CK — COUNTRY KITCHEN	Life Enrichment Director Chad Estabrooks Life Enrichment Debbie Lewis Taylor Smith Shannon Halligan Adrianna Noone	