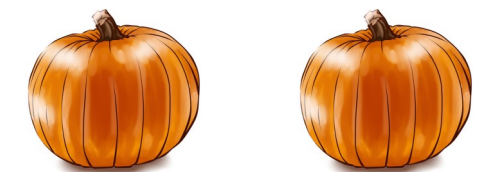





November 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>DAILY</p> <p>9:45 & 1:30</p> <p>Gentle Exercise with Carly (TV Channel 1389)</p>	<p>ROOM KEY</p> <p>TV – CHANNEL 1389</p> <p>MCK — MEMORY CARE KITCHEN</p> <p>MCL—MEMORY CARE LOUNGE</p> <p>GAR — GM ACTIVITY ROOM</p> <p>Café — GLENMERE CAFE</p> <p>CK — COUNTRY KITCHEN</p> <p>BP – BACK PATIO</p>					
<p>6</p> <p>8:00 ~ Catholic Mass (*TV Ch 43)</p> <p>9:45 ~ Gentle Exercise (TV)</p> <p>10:45 ~ Third Presbyterian Church Service (GAR)</p> <p>1:30 ~ Brain Games w/ George (Café)</p> <p>1:30 ~ Gentle Exercise (TV)</p> <p>2:00 ~ "Crown & Country" (TV)</p> <p>6:45 ~ Evening Movie (MCL)</p>	<p>7</p> <p>9-12 ~ Manis/Pedis w/ Tina (Spa)</p> <p>9:30 ~ Moving 2 Music w/ Taylor (MCL)</p> <p>10:15 ~ Baking Group w/ Taylor (MCK)</p> <p>1:45 ~ Broadway Bob (GAR)</p> <p>3:00 ~ Rick Steves (TV)</p> <p>4:00 ~ Birthday & Housewarming Party (Café)</p> <p>6:45 ~ Evening Movie (MCL)</p> <p>7:00 ~ Rick Steves (TV)</p>	<p>1</p> <p>9:30 ~ Balloon Volleyball w/ Debbie (MCK)</p> <p>10:15 ~ Craft Cart w/ Debbie (MCK)</p> <p>1:40 ~ Larry Shearer: Life & Music of Barbara Streisand (GAR)</p> <p>3:00 ~ Trivia Time w/ L.E. (Café)</p> <p>3:30 ~ Catholic Mass: Transfiguration (MCK)</p> <p>6:45 ~ Evening Movie (MCL)</p>	<p>2</p> <p>9:30 ~ Drumming Exercise w/ Taylor (MCL)</p> <p>10:30 ~ ART w/ Debbie & Taylor (Café)</p> <p>1:45 ~ MUSIC w/ Taylor (Café)</p> <p>3:15 ~ Card Game w/ Taylor (MCL)</p> <p>6:45 ~ Evening Movie (MCL)</p>	<p>3</p> <p>9:30 ~ Stretch & Tone w/ Debbie (MCK)</p> <p>10:15 ~ Manicures and Morning Connections w/ Debbie (MCK)</p> <p>1:45 ~ MUSIC w/ Fred Vine (Café)</p> <p>3:00 ~ Flower Arranging w/ Debbie (MCK)</p> <p>4:00 ~ Catholic Communion (GAR)</p> <p>6:45 ~ Evening Movie (MCL)</p> <p>7:00 ~ Livestream Concert (TV)</p>	<p>4</p> <p>9:30 ~ Morning Music w/ Taylor (MCK)</p> <p>10:30 ~ BINGO w/ Taylor (MCK)</p> <p>1:45 ~ Table Bowling w/ Taylor (Café)</p> <p>3:30 ~ Cocktail Hour (MCK)</p> <p>6:45 ~ Evening Movie (MCL)</p> <p>+1:1 Supportive Visits w/ Taylor</p>	<p>5</p> <p>9:45 ~ Gentle Exercise (TV)</p> <p>11:00 ~ BINGO w/ Shannon (Café)</p> <p>11:00 ~ Chair Yoga (TV)</p> <p>1:45 ~ ART w/ Shannon (Café)</p> <p>6:45 ~ Evening Movie (MCL)</p> <p>7:00 ~ Lawrence Welk Show (*TV 11)</p>
<p>13</p> <p>8:00 ~ Catholic Mass (*TV Ch 43)</p> <p>9:45 ~ Gentle Exercise (TV)</p> <p>10:45 ~ Third Presbyterian Church Service (GAR)</p> <p>1:30 ~ Brain Games w/ George (Café)</p> <p>1:30 ~ Gentle Exercise (TV)</p> <p>2:00 ~ "Crown & Country" (TV)</p> <p>6:45 ~ Evening Movie (MCL)</p>	<p>14</p> <p>9:30 ~ Moving 2 Music w/ Taylor (MCL)</p> <p>10:15 ~ Brain Games w/ Taylor (MCK)</p> <p>1:45 ~ Music Games w/ Taylor (MCL)</p> <p>3:00 ~ Rick Steves (TV)</p> <p>3:30 ~ BINGO w/ Debbie (Café)</p> <p>6:45 ~ Evening Movie (MCL)</p> <p>7:00 ~ Rick Steves (TV)</p>	<p>8</p> <p>9:30 ~ Balloon Volleyball w/ Debbie (MCK)</p> <p>10:15 ~ Craft Cart w/ Debbie (MCK)</p> <p>1:45 ~ MUSIC w/ Tom & Peg (Café)</p> <p>3:00 ~ Trivia Time w/ L.E. (Café)</p> <p>3:30 ~ Catholic Mass: Transfiguration (MCK)</p> <p>6:45 ~ Evening Movie (MCL)</p>	<p>9</p> <p>9:30 ~ Drumming Exercise w/ Taylor (MCL)</p> <p>10:30 ~ ART w/ Taylor & Adrianna (Café)</p> <p>1:45 ~ MUSIC w/ Taylor & Adrianna (Café)</p> <p>3:30 ~ Bingo w/ Adrianna (Café)</p> <p>6:45 ~ Evening Movie (MCL)</p>	<p>10</p> <p>9:30 ~ Stretch & Tone w/ Debbie (MCL)</p> <p>10:15 ~ Morning Connections w/ Debbie (MCL)</p> <p>12:00 ~ Lunch Outing</p> <p>2:30 ~ Tom H. Presentation (GAR)</p> <p>3:00 Flower Arranging w/ Debbie (MCK)</p> <p>6:45 ~ Evening Movie (MCL)</p> <p>7:00 ~ Livestream Concert (TV)</p>	<p>11 **Veterans Day**</p> <p>9:30 ~ Morning Music w/ Taylor (MCK)</p> <p>10:30 ~ BINGO w/ Taylor (MCK)</p> <p>12:30 ~ Veteran Recognition Lunch</p> <p>1:30 ~ Veterans Day Singalong</p> <p>3:30 ~ Cocktail Hour (MCK)</p> <p>6:45 ~ Evening Movie (MCL)</p> <p>+1:1 Supportive Visits w/ Taylor</p>	<p>12</p> <p>9:45 ~ Gentle Exercise (TV)</p> <p>11:00 ~ BINGO w/ Debbie (Café)</p> <p>11:00 ~ Chair Yoga (TV)</p> <p>1:45 ~ Show & Share w/ Debbie (Café)</p> <p>6:45 ~ Evening Movie (MCL)</p> <p>7:00 ~ Lawrence Welk Show (*TV 11)</p>
<p>20</p> <p>8:00 ~ Catholic Mass (*TV Ch 43)</p> <p>9:45 ~ Gentle Exercise (TV)</p> <p>10:45 ~ Third Presbyterian Church Service (GAR)</p> <p>1:30 ~ Brain Games w/ George (Café)</p> <p>1:30 ~ Gentle Exercise (TV)</p> <p>2:00 ~ "Crown & Country" (TV)</p> <p>6:45 ~ Evening Movie (MCL)</p>	<p>21</p> <p>9:30 ~ Moving 2 Music w/ Taylor (MCL)</p> <p>10:15 ~ Baking Group w/ Taylor (MCL)</p> <p>1:45 ~ BINGO w/ Debbie (Café)</p> <p>3:00 ~ Rick Steves (TV)</p> <p>3:30 ~ Turkey Shoot (Café)</p> <p>6:45 ~ Evening Movie (MCL)</p> <p>7:00 ~ Rick Steves (TV)</p>	<p>15</p> <p>9:30 ~ Balloon Volleyball w/ Debbie (MCK)</p> <p>10:15 ~ Craft Cart w/ Debbie (MCK)</p> <p>1:45 ~ Manicures w/Debbie (MCK)</p> <p>3:30 ~ Catholic Mass: Transfiguration (MCK)</p> <p>6:45 ~ Evening Movie (MCL)</p>	<p>16</p> <p>9:30 ~ Drumming Exercise w/ Taylor (MCL)</p> <p>10:30 ~ ART w/ Debbie & Taylor (Café)</p> <p>12:15 ~ Ladies' Lunch (Café)</p> <p>1:45 ~ MUSIC w/ Taylor (Café)</p> <p>3:00 ~ Card Game w/ Taylor (MCL)</p> <p>6:45 ~ Evening Movie (MCL)</p>	<p>17</p> <p>9:30 ~ Stretch & Tone w/ Debbie (MCL)</p> <p>10:15 ~ Morning Connections with Debbie (MCL)</p> <p>1:45 ~ Horse Racing Game with Debbie (MCK)</p> <p>2:30 ~ Pittsford Library Presentation: Online & E-book Info Session</p> <p>4:00 ~ Catholic Communion (GAR)</p> <p>6:30 ~ MUSIC w/ Joe Miltsch (Café)</p>	<p>18</p> <p>9:30 ~ Morning Music w/ Taylor (MCK)</p> <p>10:30 ~ BINGO w/ Taylor (MCK)</p> <p>1:45 ~ Table Bowling w/ Taylor (MCL)</p> <p>3:30 ~ Cocktail Hour (MCK)</p> <p>6:45 ~ Evening Movie (MCL)</p> <p>+1:1 Supportive Visits w/ Taylor</p>	<p>19</p> <p>9:45 ~ Gentle Exercise (TV)</p> <p>11:00 ~ BINGO w/ Shannon (Café)</p> <p>11:00 ~ Chair Yoga (TV)</p> <p>1:45 ~ ART w/ Shannon (Café)</p> <p>6:45 ~ Evening Movie (MCL)</p> <p>7:00 ~ Lawrence Welk Show (*TV 11)</p>
<p>27</p> <p>8:00 ~ Catholic Mass (*TV Ch 43)</p> <p>9:45 ~ Gentle Exercise (TV)</p> <p>10:45 ~ Third Presbyterian Church Service (GAR)</p> <p>1:30 ~ Brain Games w/ George (Café)</p> <p>1:30 ~ Gentle Exercise (TV)</p> <p>2:00 ~ "Crown & Country" (TV)</p> <p>6:45 ~ Evening Movie (MCL)</p>	<p>28</p> <p>9:30 ~ Moving 2 Music w/ Taylor (MCL)</p> <p>10:15 ~ Brain Games w/ Taylor (MCL)</p> <p>11:30 ~ LE Meeting (GAR)</p> <p>1:45 ~ Music Games w/ Taylor (MCL)</p> <p>3:00 ~ Rick Steves (TV)</p> <p>3:30 ~ BINGO w/ Debbie (Café)</p> <p>6:45 ~ Evening Movie (MCL)</p> <p>7:00 ~ Rick Steves (TV)</p>	<p>22</p> <p>9:30 ~ Balloon Volleyball w/ Adrianna (MCL)</p> <p>10:15 ~ Brain Games w/ Adrianna (MCL)</p> <p>1:45 ~ MUSIC w/ Tom & Tony (Café)</p> <p>3:30 ~ Catholic Mass: Transfiguration (MCK)</p> <p>6:45 ~ Evening Movie (MCL)</p>	<p>23</p> <p>9:30 ~ Drumming Exercise w/ Taylor (MCL)</p> <p>10:30 ~ ART w/ Shannon (MCL)</p> <p>1:45 ~ MUSIC w/ Taylor (Café)</p> <p>3:00 ~ Afternoon Movie (Lounge)</p> <p>6:45 ~ Evening Movie (MCL)</p>	<p>24</p>  <p>9:45 & 1:30 ~ Gentle Exercise (TV)</p> <p>5:00 ~ Thanksgiving Dinner</p> <p>6:45 ~ Evening Movie (MCL)</p> <p>7:00 ~ Livestream Concert (TV)</p>	<p>25</p> <p>10:00 ~ Morning Music w/ Taylor (Café)</p> <p>11:00 ~ BINGO w/ Taylor (Café)</p> <p>1:45 ~ Reminiscing Group w/ Taylor (Café)</p> <p>3:30 ~ Cocktail Hour (MCK)</p> <p>6:45 ~ Evening Movie (MCL)</p>	<p>26</p> <p>9:45 ~ Gentle Exercise (TV)</p> <p>10:30 ~ BINGO w/ RCA (MCL)</p> <p>11:00 ~ Chair Yoga (TV)</p> <p>1:45 ~ Puzzles w/ RCA (MCL)</p> <p>6:45 ~ Evening Movie (MCL)</p> <p>7:00 ~ Lawrence Welk Show (*TV 11)</p>
		<p>29</p> <p>9:30 ~ Balloon Volleyball w/ Debbie (MCK)</p> <p>10:15 ~ Craft Cart w/ Debbie (MCK)</p> <p>1:45 ~ MUSIC w/ Dick Stacy (Café)</p> <p>3:00 ~ Decorating w/ L.E. (Café)</p> <p>3:30 ~ Catholic Mass: Transfiguration (MCK)</p> <p>6:45 ~ Evening Movie (MCL)</p>	<p>30</p> <p>9:30 ~ Drumming Exercise w/ Taylor (MCL)</p> <p>10:30 ~ ART w/ Debbie & Taylor (Café)</p> <p>2:00 ~ Scam Awareness Presentation (GAR)</p> <p>3:00 ~ MUSIC w/ Taylor (Café)</p> <p>6:45 ~ Evening Movie (MCL)</p>	<p><u>Life Enrichment Director</u> Chad Estabrooks</p> <p><u>Life Enrichment</u> Debbie Lewis Taylor Smith Shannon Halligan Adrianna Noone</p>	