

November

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LOCATION KEY CR Card Room TV Ch. 1389 CDR Cloverwood Dining Room C Club Room GR Gathering Room OC Off Campus T Theater UL Upper Lobby		1 9:45 & 10:07 Exercise w/ Carly (TV) 10:00 Resident Advisory Comm . (CA) 11:00 Chair Yoga (TV) 11:15 Gentle Exercise (GR) 1:30 Exercise w/ Carly (TV) 3:00 Larry Shearer: The Music and Life of Barbra Streisand	2 9:45 & 10:07 Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 10:00 Welcoming Committee (CA) 11:15 Gentle Exercise (GR) 1:00 Movie : Monkey Business (T) 1:30 Exercise w/ Carly (TV) 2:00 Wegmans trip (OC*) 3:00 Wondrium: Longevity 7:15 Monkey Business(T)	3 9:45 & 10:07 AM Exercise w/ Carly (TV) 10:00 Grounds & Gardening Comm. (CA) 11:00 Chair Yoga (TV) 11:15 Gentle Exercise (GR) 1:30 Exercise w/ Carly (TV) 3:00 Music as a Mirror of History: Gorecki– Symphony # 3 (GR) 4:00 Catholic Communion (GAR) 6:45 RPO (OC*) 7:00 Vienna Philharmonic (TV)	4 9:45 & 10:07 AM Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 1:00 Bridge (CR) 1:30 Exercise w/ Carly (TV) 3:00 US and the Middle East:1914-9/11 (GR) 4:30 Music & Cocktails: Brad Batz (C)	5 9:45 & 10:07 AM Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 1:00 Duplicate Bridge (CR) 1:30 Exercise w/ Carly (TV) 2:00 Movie: Spotlight (T) 7:15 Movie : Spotlight (T)
6 Daylight Saving Time Ends 8:30 Transfiguration (OC) 9:25 Edgewood Church (OC) 9:25 Christ Church 9:45 &10:07 Exercise with Carly 10:10 St. Louis Church 11:00 Chair Yoga 12:45 Buffalo Bills Game 2:00 Movie: Easter Sunday (T) 2:00 Crown & Country: Winchester/Brighton and Lewis (TV)	7 9:45 &10:07 Exercise with Carly 10:00 Wegmans trip (OC*) 11:15 Gentle Exercise (GR) 1:00 Bridge (CR) 1:00 The Bells of St, Mary’s (T) 3:00 Aerial Korea (GR) 3:00 Rick Steves Europe (TV) 7:00 Rick Steves Monday Night Travel (TV) 7:15 The Bells of St. Mary’s	8 Election Day 9:45 & 10:07 AM Exercise w/ Carly (TV) 10:00 Shuttle to the polls 11:00 Chair Yoga (TV) 11:15 Gentle Exercise (GR) 1:30 Exercise w/ Carly (TV) 3:00 North Korea: The Great Illusion (GR)	9 9:45 & 10:07 Exercise w/ Carly (TV) 10:00 Maint. & Ops Comm.ittee (CA) 11:00 Chair Yoga (TV) 11:15 Gentle Exercise (GR) 1:00 Movie: Moonstruck (T) 1:15 GEVA (OC*) 1:30 Exercise w/ Carly (TV) 2:00 Wegmans trip (OC*) 3:00 Kathy Parrinello URMCCOO: Recovering from the Pandemic	10 9:45 & 10:07 AM Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 11:15 Gentle Exercise (GR) 1:30 Exercise w/ Carly (TV) 3:00 Music as a Mirror of History– Crumb Black Angels (1970) (GR) 4:00 Catholic Communion (GAR) 7:00 Andrea Bocelli in Tuscany TV)	11 Veterans Day 8:00 Veterans Day Breakfast (DR) 9:45 & 10:07 AM Exercise w/ Carly (TV) 10:30 Town Hall Meeting (GR) 11:00 Chair Yoga (TV) 1:00 Bridge (CR) 1:30 Exercise w/ Carly (TV) 3:00 US and the Middle East:1914-9/11 (GR) 4:30 Music & Cocktails: John Williams(C)	12 9:45 & 10:07 AM Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 1:00 Duplicate Bridge (CR) 1:30 Exercise w/ Carly (TV) 2:00 Movie : The Verdict (T) 7:15 Movie : The Verdict(T)
13 8:30 Transfiguration (OC) 9:25 Edgewood Church (OC) 9:25 Christ Church 9:45 &10:07 Exercise with Carly 10:10 St. Louis Church 11:00 Chair Yoga 12:45 Buffalo Bills Game 2:00 Crown & Country: Guildford (TV) 2:00 Movie: The Power of the Dog	14 9:45 & 10:07 Exercise with Carly 10:00 Wegmans trip (OC*) 11:15 Gentle Exercise (GR) 1:00 Bridge (CR) 1:00 Going My Way (T) 3:00 Country Music by Ken Burns (GR) 3:00 Rick Steves Europe (TV) 7:00 Rick Steves Monday Night Travel (TV) 7:15 Going My Way (T)	15 9:45 & 10:07 AM Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 11:15 Gentle Exercise (GR) 1:30 Exercise w/ Carly (TV) 3:00 Larry Shearer: The Music and Life of The Everly Brothers 5:00 Out To Dinner: Joey B’s OC*	16 9:45 & 10:07 Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 11:15 Gentle Exercise (GR) 1:00 Movie Fly Away Home (T) 1:30 Exercise w/ Carly (TV) 2:00 Wegmans trip (OC*) 3:00 Wondrium: Longevity 4:00 Sing-a-long (C) 7:15 Movie Fly Away Home (T)	17 9:45 & 10:07 AM Exercise w/ Carly (TV) 10:00 Wellness Committee (CA) 11:00 Chair Yoga (TV) 11:15 Gentle Exercise (GR) 1:30 Exercise w/ Carly (TV) 3:00 Brahms: His Life and Music (GR) 4:00 Catholic Communion (GAR) 6:45 RPO (OC*) 7:00 Baltic Sea Philharmonic (TV)	18 9:45 & 10:07 AM Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 1:00 Bridge (CR) 1:30 Exercise w/ Carly (TV) 3:00 US and the Middle East:1914-9/11 (GR) 4:30 Music & Cocktails: Dick Stacy(C)	19 9:45 & 10:07 AM Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 1:00 Duplicate Bridge (CR) 1:30 Exercise w/ Carly (TV) 2:00 Movie: Good Will Hunting (T) 7:15 Movie: Good Will Hunting (T)
20 8:30 Transfiguration (OC) 9:25 Edgewood Church (OC) 9:25 Christ Church 9:45 &10:07 Exercise with Carly 10:10 St. Louis Church 11:00 Chair Yoga 12:45 Buffalo Bills Game 2:00 Crown & Country: Greenwich (TV) 2:00 The Music Man (T)	21 9:45 &10:07 Exercise with Carly 10:00 Wegmans trip (OC*) 11:15 Gentle Exercise (GR) 1:00 Bridge (CR) 1:00 Girl Crazy (T) 3:00 Discover the Didgeridoo: Larry Iwan (GR) 3:00 Rick Steves Europe (TV) 5:00 BYOB (C) 7:00 Rick Steves Monday Night Travel (TV)	22 9:45 & 10:07 AM Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 11:15 Gentle Exercise (GR) 1:30 Exercise w/ Carly (TV) 3:00 Scott Pitoniak: Buffalo Bills (GR)	23 9:45 & 10:07 Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 11:15 Gentle Exercise (GR) 1:00 Movie: Planes, Trains & Automobiles (T) 1:30 Exercise w/ Carly (TV) 2:00 Wegmans trip (OC*) 3:00 Wondrium: Longevity 7:15 Movie Planes, Trains & Automobiles (T)	24 Thanksgiving Day 9:45 & 10:07 AM Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 12:00 Thanksgiving Dinner (CDR) 12:30 Buffalo Bills Game 1:30 Exercise w/ Carly (TV) 2:00 Thanksgiving Dinner (CDR) 3:00 Grumpy Old Men (T) 7:00 Oslo Philharmonic (TV)	25 9:45 & 10:07 AM Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 1:00 Bridge (CR) 1:30 Exercise w/ Carly (TV) 3:00 US and the Middle East:1914-9/11 (GR) 4:30 Music & Cocktails: Joe Miltsch (C)	26 9:45 & 10:07 AM Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 1:00 Duplicate Bridge (CR) 1:30 Exercise w/ Carly (TV) 2:00 Movie: Rudy (T) 7:15 Movie: Rudy (T)
27 8:30 Transfiguration (OC) 9:25 Edgewood Church (OC) 9:25 Christ Church 9:45 &10:07 Exercise with Carly 10:10 St. Louis Church 11:00 Chair Yoga 2:00 Crown & Country: Windsor(TV) 2:00 The Road to Morocco (T)	28 9:45 &10:07 Exercise with Carly 10:00 Wegmans trip (OC*) 10:00 Cultural Arts Comm. (CA) 11:15 Gentle Exercise (GR) 1:00 Bridge (CR) 1:00 The Greatest Game Ever Played (T) 3:00 The Automat-Documentary (GR) 3:00 Rick Steves Europe (TV) 7:00 Rick Steves Monday Night Travel (TV) 7:15 The Greatest Game Ever Played (T)	29 9:45 & 10:07 AM Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 11:15 Gentle Exercise (GR) 10:00 Kittleberger’s/Lunch at Pub 235 (OC*) 1:30 Exercise w/ Carly (TV) 3:00 Robert Gerace: Terrorist Threats Facing the New Administration (GR)	30 9:45 & 10:07 Exercise w/ Carly (TV) 11:00 Chair Yoga (TV) 11:15 Gentle Exercise (GR) 1:00 Movie Father Goose (T) 1:30 Exercise w/ Carly (TV) 2:00 Wegmans trip (OC*) 3:00 Scam Awareness: Lifespan (GR) 7:15 Movie Father Goose (T)			