

August 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|---|--|
| DAILY 9:45 & 1:30 Gentle Exercise with Carly (TV Channel 1389) | 1 10:00 ~ Drumming Exercise with Debbie (GAR) 10:30 ~ Baking with Taylor & Debbie (MCK) 1:15 ~ Movie—Secret Life of Bees (GAR) 2:45 ~ Bridge ~ (Puzzle Room) 3:30 ~ BINGO with Debbie (Café) | 2 10:00 ~Balance Builders with Taylor (GAR) 10:30 ~Brain Games with Taylor (GAR) 1:40~ Larry Sheerer Presents: Life & Music of Les Paul & Mary Ford (GAR) 2:45 ~ Bridge ~ Puzzle Room 2:45 ~ Laptop/Cell Phone Help with Taylor (GAR) 3:30 ~ Catholic Mass Transfiguration (GAR) 6:45 ~ Evening Movie (GAR) | 3 10:00 ~ Stretch & Tone with Debbie (GAR) 10:30 ~ ART w/ Shannon (Café) 1:15 ~ Book Club Review w/ Debbie (Library) 2:45 ~ Bridge ~ Puzzle Room 3:30 ~ Word Wiz with Debbie (Café) 6::45 ~ Evening Movie (GAR) | 4 10:00 ~ Drumming Exercise w/ Taylor (GAR) 10:30—Manicures/Pedicures by appointment 11:00 ~ Picnic at Mendon Park (Outing) 2:45 ~ Bridge ~ Puzzle Room 2:45 ~ Music Games with Taylor (GAR) 4:00 ~ Catholic Communion (GAR) 6:45 ~ Evening Movie (GAR) | 5 10:00 ~ Balance Builders with Debbie (GAR) 10:30 ~ BINGO with Taylor(MCK) 1:45 ~ Sewing with Shannon (Art Room) 2:00 ~ National Geographic Presents: Creatures of the Deep (GAR) 4:00 ~ Cocktail Hour (Café) 6:45 ~ Evening Movie (GAR) | 6 10:30~ Exercise with RCA (GAR) 11:00—Golden Girls (TV In GAR) 3:30—Afternoon Movie: (GAR) 6:45 ~ Evening Movie (GAR) |
| 7 8:00 ~ Catholic Mass (TV Ch 43) 10:45 ~ Third Presbyterian Church Service (GAR) 1:45 ~ Scenic Drive—Outing 4:00~ Therapy Dog Visits (Café) 6:45 ~ Evening Movie (GAR) | 8 10:00 ~ Drumming Exercise with Debbie (GAR) 10:30 ~ Gardening with Debbie (Café) 1:45 ~ Pressed Flower Craft (GAR) 2:45 ~ Bridge ~ (Puzzle Room) 3:30 ~ BINGO with Debbie (Café) 6:45 ~ Evening Movie (GAR) | 9 10:00 ~Balance Builders with Taylor (GAR) 10:30 ~Brain Games with Taylor (GAR) 12:00 Men’s Lunch (Back Patio) 1:45~ Music with Tom & Peg (Café) 2:45 ~ Bridge ~ Puzzle Room 3:30 ~ Catholic Mass Transfiguration (GAR) 6:45 ~ Evening Movie (GAR) | 10 10:00 ~ Stretch & Tone with Debbie (GAR) 10:30 ~ Spiritual Wellness (Library) 1:45 ~ MUSIC w/ Taylor (Café) 2:45 ~ Bridge ~ Puzzle Room 3:30 ~ Scattogories with Debbie (Café) 6::45 ~ Evening Movie (GAR) | 11 10:00 ~ Drumming Exercise with Taylor (GAR) 10:30 ~ Music Games with Taylor (GAR)1: 1:30—Debbie McCullough “Songs from Musicals” (Café) 2:45 ~ Bridge ~ Puzzle Room 6:45 ~ Evening Movie (GAR) | 12 10:00 ~ Balance Builders with Debbie (GAR) 10:30 ~ BINGO (MCK) 1:45 ~ Art with Shannon (Art Room) 2:00 ~ National Geographic Presents:: Mission to the Sun 4:00 ~ Cocktail Hour (Café) 6:45 ~ Evening Movie (GAR) | 13 10:30~ Gentle Exercise with Shannon (GAR) 11:00 ~ BINGO with Shannon (Café) 1:45 ~Brain Games with Shannon (Cafe) 3:30 Afternoon Movie: (GAR) 6:45 ~ Evening Movie (GAR) |
| 14 8:00 ~ Catholic Mass (TV Ch 43) 10:45 ~ Third Presbyterian Church Service (GAR) 1:45 ~ Scenic Drive—Outing 4:00~ Therapy Dog Visits (Café) 6:45 ~ Evening Movie (GAR) | 15 10:00 ~ Drumming Exercise with Debbie (GAR) 10:30—Mendon Park Drive - Outing 10:30 ~ Spirituality in Rochester with Debbie (GAR) 1:45 ~ The Great Courses with Debbie (GAR) 2:45 ~ Bridge ~ (Puzzle Room) 3:30 ~ BINGO with Debbie (Café) 6:45 ~ Evening Movie (GAR) | 16 10:00 ~Balance Builders with Taylor (GAR) 10:30 ~Brain Games with Taylor (GAR) 12:00—Glenmere Gals Luncheon (Back Patio) 1:45~ Larry Sheerer Presents: Life & Music of Lisa Minelli (GAR) 2:45 ~ Bridge ~ Puzzle Room 2:45 ~ Laptop/Cell Phone Help with Taylor (GAR) 3:30 ~ Catholic Mass Transfiguration (GAR) 6:45 ~ Evening Movie (GAR) | 17 10:00 ~ Stretch & Tone with Debbie (GAR) 11:30 ~ Resident Council Mtg. (GAR) 1:45 ~ Music with Taylor (Cafe) 2:45 ~ Bridge ~ Puzzle Room 3: 30 ~ Glenmere Horse Racing with Debbie (Café) 6::45 ~ Evening Movie (GAR) | 18 10:00 ~ Drumming Exercise w/ Taylor (GAR) 10:30 ~ Music Games w/ Taylor(GAR) 11:30 ~ Fire Safety Mtg. with Richard (GAR) 1:45 ~ Music with Tom & Tony (Café) 2:45 ~ Bridge ~ Puzzle Room 4:00~ Catholic Communion (GAR) 6:45 ~ Evening Movie (GAR) | 19 10:00 ~ Balance Builders with Debbie (GAR) 10:30 ~ BINGO (MCK) 11:30 ~ Dining Service Mtg. (GAR) 1:45 ~ Art with Shannon (Cafe) 2:00 ~ National Geographic Presents: Africa’s Wild Endangered Species 4:00 ~ Cocktail Hour (Café) 6:45 ~ Evening Movie (GAR) | 20 10:30~ Exercise with RCA (GAR) 11:00 ~ Golden Girls (TV) 3:30 Afternoon Movie: (GAR) 6:45 ~ Evening Movie (GAR) |
| 21 8:00 ~ Catholic Mass (TV Ch 43) 10:45 ~ Third Presbyterian Church Service (GAR) 1:45 ~ Scenic Drive—Outing 4:00~ Therapy Dog Visits (Café) 6:45 ~ Evening Movie (GAR) | 22 10:00 ~ Drumming Exercise with Debbie (GAR) 10:30 ~ Word Games with Debbie (GAR) 1:45 ~ The Great Courses with Debbie (GAR) 2:45 ~ Bridge ~ (Puzzle Room) 3:30 ~ BINGO with Debbie (Café) 6:45 ~ Evening Movie (GAR) | 23 10:00 ~Balance Builders with Taylor (GAR) 10:30 ~Brain Games with Taylor (GAR) 2:00 ~ Marlin the Magician (Café) 2:45 ~ Bridge ~ Puzzle Room 3:30 ~ Catholic Mass Transfiguration (GAR) 6:45 ~ Evening Movie (GAR) | 24 10:00 ~ Stretch & Tone with Debbie (GAR) 10:30 ~ Spiritual Wellness with Debbie (Library) 1::45 ~ Music with Taylor 2:45 ~ Bridge ~ Puzzle Room 3:30 ~ Card Bingo with Debbie (Café) 6::45 ~ Evening Movie (GAR) | 25 10:00 ~ Drumming Exercise with Taylor (GAR) 10:30 ~ Music Games with Taylor (GAR) 12:00—Out for Lunch 1::45—Broadway Bob (GAR) 2:45 ~ Bridge ~ Puzzle Room 4:00~ Protestant Communion (GAR) 6:45 ~ Evening Movie (GAR) | 26 10:00 ~ Balance Builders with Debbie (GAR) 10:30 ~ BINGO (MCK) 1:15—11:00 ~ Looking Your Best with Debbie(Country Kitchen) 2:00 ~ National Geographic Presents: Pearl Harbor 4:00 ~ Cocktail Hour (Café) 6:45 ~ Evening Movie (GAR) | 27 10:30 ~ Exercise with Shannon—(GAR) 11:00—Bingo with Shannon (Café) 12:00—2:00 Family Picnic 3:00—Afternoon Movie (GAR) 6:45—Evening Movie |
| 28 8:00 ~ Catholic Mass (TV Ch 43) 10:45 ~ Third Presbyterian Church Service (GAR) 1:45 ~ Scenic Drive—Outing 4:00~ Therapy Dog Visits (Café) 6:45 ~ Evening Movie (GAR) | 29 10:00 ~ Drumming Exercise with Debbie (GAR) 10:30 ~ Baking with Taylor & Debbie (MCK) 11:30 ~ Life Enrichment Meeting (GAR) 1:45 ~ Wheel of Fortune (GAR) 2:45 ~ Bridge ~ (Puzzle Room) 3:30 ~ BINGO with Debbie (Café) 6:45 ~ Evening Movie (GAR) | 30 10:00 ~Balance Builders with Taylor (GAR) 10:30 ~Brain Games with Taylor (GAR) 1:45—Rhythm Aces (Dick Stacy)) (Café) 2:45 ~ Bridge ~ Puzzle Room 2:45 ~ Laptop/Cell Phone Help with Taylor (GAR) 3:30 ~ Catholic Mass Transfiguration (GAR) 6:45 ~ Evening Movie (GAR) | 31 10:00 ~ Stretch & Tone with Debbie (GAR) 10:30 ~ Art with L.E. (Café) 12:00 ~ Red Wings Baseball Game (Outing) 2:45 ~ Bridge ~ Puzzle Room 6::45 ~ Evening Movie (GAR) | ROOM KEY GAR - GLENMERE ACTIVITY ROOM CAFÉ — GLENMERE CAFE CK—COUNTRY KITCHEN BP ~ BACK PATIO MCK—MEMORY CARE KITCHEN L ~ LIBRARY | <u>Life Enrichment Director</u> Chad Estabrooks <u>Life Enrichment Specialists</u> Debbie Lewis Taylor Smith Adrianna Noone Shannon Halligan |  GLENMERE Assisted Living |