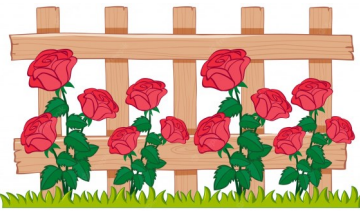




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Catholic Mass Monday–Friday 9:15– St. Thomas More Mass (channel 4)</p>		<p>Wellness Center Located on the 1st Floor Open 24hrs</p>	<p>1 10– Wegmans– Pittsford 10:45– Wegmans– C. Club 12:30– Geva 1– Craft Group (UD) 4:30– Social Gathering (Lib)</p>	<p>2 10– Exercise: Donna (UD) 10:30– Beats & Bible with Rev. Gary (channel 4) 7-Bingo (LD)</p>	<p>3 2– Current Events (Lib) 3:30– Entertainment: Steve Petrovic– guitar & vocals 7– Netflix (UD)</p>	<p>4 10– Exercise (channel 4) 10– Walking Group 12:30– Rosary 5:30– Communion Service (UD) 7-Netflix (UD)</p>
<p>5 10:30– Christian Worship (TFH) 7– Betsy’s Documentary/ Movie (UD)</p>	<p>6 8:30–Chair Yoga video (UD) 10– Tops – Panorama 11– Tops–Panorama 2– Life Enrichment Committee Meeting (LD)</p>	<p>7 10– Exercise: Donna (UD) 11– “Make Your Money Last” (UD) 2– Bible & Brew–(LD)</p>	<p>8 10– Wegmans– Pittsford 10:45– Wegmans– C. Club 1– Craft Group (UD) 2– Dining Committee (LD) 4:30– Social Gathering (Lib)</p>	<p>9 10– Exercise: Donna (UD) 10:30– Beats & Bible with Rev. Gary (channel 4) 10:30– George’s Dinner 7-Bingo (LD)</p>	<p>10 2– Current Events (Lib) 3:30– Entertainment: Karen Labella– guitar & vocals 7– Netflix (UD)</p>	<p>11 10– Exercise (channel 4) 10– Walking Group 12:30– Rosary 5:30– Communion (UD) 7-Netflix (UD)</p>
<p>12 10:30– Christian Worship (TFH) 7– Betsy’s Documentary/ Movie (UD)</p>	<p>13 8:30–Chair Yoga video (UD) 10– Tops – Panorama 11– Tops–Panorama</p>	<p>14 10– Exercise: Donna (UD) 10:30– Roman Catholic Mass (TFH) 2– “2nd Tuesday’s Music” (UD) 3– Friendly Home Remembrance Service (Rose Garden Tent)</p>	<p>15 10– Wegmans– Pittsford 10:45– Wegmans– C. Club 1– Craft Group (UD) 2– Rose Tea–with entertainer Ryan Carey 4:30– Social Gathering (Lib)</p>	<p>16 10– Exercise: Donna (UD) 10:30– Beats & Bible with Rev. Gary (channel 4) 11:30– Phillips European 7-Bingo (LD)</p>	<p>17 2– Current Events (Lib) 3:30– Entertainment: Ernesto Labella– piano & vocals 7– Netflix (UD)</p>	<p>18 10– Exercise (channel 4) 10– Walking Group 12:30– Rosary 5:30– Communion (UD) 7-Netflix (UD)</p>
<p>19 10:30– Christian Worship (TFH) 7– Betsy’s Documentary/ Movie (UD)</p>	<p>20 8:30–Chair Yoga video (UD) 10– Tops – Panorama 11– Tops–Panorama 2-Lets Talk Books</p>	<p>21 10– Exercise: Donna (UD) 2– Bible & Brew–(LD)</p>	<p>22 10– Wegmans– Pittsford 10:45– Wegmans– C. Club 1– Craft Group (UD) 4:30– Social Gathering (Lib)</p>	<p>23 10– Exercise: Donna (UD) 10:30– Beats & Bible with Rev. Gary (channel 4) 6:30– Red Wings Game 7-Bingo (LD)</p>	<p>24 2– Current Events (Lib) 3:30– Entertainment: Fred Vine– guitar & vocals 5:45– Pittsford Summer Concert: Rochester Metropolitan Jazz Orchestra 7– Netflix (UD)</p>	<p>25 10– Exercise (channel 4) 10– Walking Group 12:30– Rosary 5:30– Communion (UD) 7-Netflix (UD)</p>
<p>26 10:30– Christian Worship (TFH) 4– Dory’s Stories: Book Review– A Life on the Road by Charles Kuralt 7– Betsy’s Documentary/ Movie (UD)</p>	<p>27 8:30–Chair Yoga video (UD) 10– Tops – Panorama 11– Tops–Panorama</p>	<p>28 10– Exercise: Donna (UD)</p>	<p>29 10– Wegmans– Pittsford 10:45– Wegmans– C. Club 1– Craft Group (UD) 4:30– Social Gathering (Lib)</p>	<p>30 10– Exercise: Donna (UD) 10:30– Beats & Bible with Rev. Gary (channel 4) 7-Bingo (LD)</p>	<p>Locations Upper Dining Room–(UD) Lower Dining Room–(LD) Friendly Home Auditorium– (TFH) Library–(Lib)</p>	<p>Linden Knoll Store Hours: Monday–Friday 10:30am-12pm & 1pm–2pm & Saturday 10:30-12pm *Closed Holidays</p>



Linden Knoll phone numbers

Front Desk: 789-3700

Debra Wildow (Assistant Manager): 789-3701

The Friendly Home: 381-1600

Dining Services: 269-9676

Need something Fixed? 789-3366

Brandon Buonomo

(Life Enrichment Coordinator): 789-3122

Reverend Gary Schindler

(Pastoral Care Coordinator): 789-3125

Sam Snyder (Entertainment): 789-3129

Kathy Main (Volunteer Coordinator): 789-3153

Linden Knoll Life Enrichment Committee Members

1. Marianne Flanagan 106
2. Betsy Enstrom 322
3. Jodi Lindauer 004
4. Gene Martzloff 405
5. Drew Miller 219
6. Janet Schumacher 312
7. Jean Patterson 620
8. Judy Meltzer 709
9. Nancy Rosenberg 210
10. Joe Blakley 611
11. Maryann Connolly 520
12. Flo Dorsey 511
13. Linda Rapkin 504
14. Sue Forman 215
15. Rochelle Crescov 406

Floor Social Gathers at Linden Knoll

As a way to increase social opportunities at Linden Knoll the Life Enrichment Committee would like to post when floors have social gatherings together. This could be weekly or monthly and consist of a few neighbors getting together for conversation, coffee or even lunch (it is entirely up to the floor what it entails). Please contact Brandon to inform when your floor would like to have your get together.

Floor Social Gathers at Linden Knoll	
Ground & 8th Floor	
1st Floor	1st Tuesday of the month at noon Contact: Betty Lou Pollack 789-3765
2nd Floor	1st Saturday every month—2nd Elevator Lobby at 6pm Contact: Pat Jones at 410-1103
3rd Floor	Every Tuesday at 6pm—3rd Elevator Lobby Contact: Betsy Enstrom at 233-3950
4th Floor	
5th Floor	Planning meeting March 5th meeting 1st and 3rd Saturdays at 11am Contact: Mary Ann Connelly or Diana Brown
6th Floor	
7th Floor	

Linden Knoll programs are Resident run & resident driven.

If you would like to start a program please contact Brandon Buonomo