



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Linden Knoll Store Hours: Monday – Friday 10:30am-12pm & 1pm–2pm & Saturday 10:30-12pm *Closed Holidays</p>	<p>Wellness Center Located on the 1st Floor Open 24hrs</p>	<p>Catholic Mass Monday–Friday 9:15– St. Thomas More Mass (channel 4)</p>	<p>Locations Upper Dining Room–(UD) Lower Dining Room–(LD) Friendly Home Auditorium–(TFH) Library–(Lib)</p>			<p>1 New Years Day 2022 10– Exercise (channel 4) 12:30– Rosary 5:30– Communion Service (UD) 7-Netflix (UD)</p>
<p>2 10:30– Christian Worship (TFH) 10:45–Asbury service (UD) 3:30– Tom Chase–piano (LD) 7– Betsy’s Documentary/ Movie (UD)</p>	<p>3 8:30–Chair Yoga video (UD) 10– Tops – Panorama 11– Tops–Panorama 2:15– Life Enrichment Committee Meeting (LD)</p>	<p>4 2– Bible & Brew (Lib)</p>	<p>5 10– Wegmans– Pittsford 11– Wegmans– C. Club 4:30– Social Gathering (Lib)</p>	<p>6 10– Beats & Bible with Rev. Gary (channel 4) 11– Genesee Brew House 7-Bingo (LD)</p>	<p>7 2– Current Events (Lib) 3:30– Entertainment: Debbie McCullough–vocals 7– Netflix (UD)</p>	<p>8 10– Exercise (channel 4) 12:30– Rosary 5:30– Communion (UD) 7-Netflix (UD)</p>
<p>9 10:30– Christian Worship (TFH) 10:45–Asbury service (UD) 7– Betsy’s Documentary/ Movie (UD)</p>	<p>10 8:30–Chair Yoga video (UD) 10– Tops – Panorama 11– Tops–Panorama 3– SAND Group</p>	<p>11 10– Exercise: Donna (UD) 10:30– Roman Catholic Mass (TFH) 2– “2nd Tuesday’s Music” (UD)</p>	<p>12 10– Wegmans– Pittsford 11– Wegmans– C. Club 4:30– Social Gathering (Lib) 6:15– Amerks Game</p>	<p>13 10– Exercise: Donna (UD) 10– Beats & Bible with Rev. Gary (channel 4) 6:15– Rochester Philharmonic 7-Bingo (LD)</p>	<p>14 2– Current Events (Lib) 3:30– Entertainment: Zoe Walders–vocals 7– Netflix (UD)</p>	<p>15 10– Exercise (channel 4) 12:30– Rosary 5:30– Communion (UD) 7-Netflix (UD)</p>
<p>16 10:30– Christian Worship (TFH) 10:45–Asbury service (UD) 7– Betsy’s Documentary/ Movie (UD)</p>	<p>17 MLK JR. Day 8:30–Chair Yoga video (UD) 10– Tops – Panorama 11– Tops–Panorama 2-Lets Talk Books</p>	<p>18 10– Exercise: Donna (UD) 2– Bible & Brew (Lib)</p>	<p>19 10– Wegmans– Pittsford 11– Wegmans– C. Club 11– Town Hall Meeting (LD) 4:30– Social Gathering (Lib)</p>	<p>20 10– Exercise: Donna (UD) 11– Phillips European 7-Bingo (LD)</p>	<p>21 2– Current Events (Lib) 3:30– Entertainer: Teresa Kubiak–cello 7– Netflix (UD)</p>	<p>22 10– Exercise (channel 4) 12:30– Rosary 2– Retro Rochester with Rich (UD) 5:30– Communion (UD) 7-Netflix (UD)</p>
<p>23 10:30– Christian Worship (TFH) 10:45–Asbury service (UD) 7– Betsy’s Documentary/ Movie (UD)</p>	<p>24 8:30–Chair Yoga video (UD) 10– Tops – Panorama 11– Tops–Panorama</p>	<p>25 10– Exercise: Donna (UD)</p>	<p>26 10– Wegmans– Pittsford 11– Wegmans– C. Club 4:30– Social Gathering (Lib)</p>	<p>27 10– Exercise: Donna (UD) 10– Beats & Bible with Rev. Gary (channel 4) 7-Bingo (LD)</p>	<p>28 2– Current Events (Lib) 3:30– Entertainer: Tom & Peg Fittipaldi–guitar, keyboard & vocals 7– Netflix (UD)</p>	<p>29 10– Exercise (channel 4) 12:30– Rosary 5:30– Communion (UD) 7-Netflix (UD)</p>
<p>30 10:30– Christian Worship (TFH) 10:45–Asbury service (UD) 7– Betsy’s Documentary/ Movie (UD)</p>	<p>31 8:30–Chair Yoga video (UD) 10– Tops – Panorama 11– Tops–Panorama</p>					



Linden Knoll phone numbers

Front Desk: 789-3700

Debra Wildow (Assistant Manager): 789-3701

The Friendly Home: 381-1600

Dining Services: 269-9676

Need something Fixed? 789-3366

Brandon Buonomo

(Life Enrichment Coordinator): 789-3122

Reverend Gary Schindler

(Pastoral Care Coordinator): 789-3125

Sam Snyder (Entertainment): 789-3129

Kathy Main (Volunteer Coordinator): 789-3153

Linden Knoll Life Enrichment Committee Members

1. Marianne Flanagan 106
2. Betsy Enstrom 322
3. Jodi Lindauer 004
4. Gene Martzloff 405
5. Drew Miller 219
6. Sherris Kleinstein 601
7. Jean Patterson 620
8. Judy Meltzer 709
9. Nancy Rosenberg 210
10. Joe Blakley

Floor Social Gathers at Linden Knoll

As a way to increase social opportunities at Linden Knoll the Life Enrichment Committee would like to post when floors have social gatherings together. This could be weekly or monthly and consist of a few neighbors getting together for conversation, coffee or even lunch (it is entirely up to the floor what it entails).

Please contact Brandon to inform when your floor would like to have your get together.

Ground & 8th Floor	
1st Floor	
2nd Floor	
3rd Floor	
4th Floor	
5th Floor	
6th Floor	
7th Floor	

Linden Knoll programs are Resident run & resident driven.

If you would like to start a program please contact Brandon Buonomo