

CLOVERWOOD

— weekly features —

Monday October 18th

TURKEY DINNER

Mashed Potatoes

Braised Swiss Chard

TILAPIA WITH LOBSTER CREAM SAUCE

Saffron Rice

Broccoli

TUESDAY OCTOBER 19TH

PULLED PORK

Fingerling Potatoes

Baby Carrots

SEARED ARCTIC CHAR

Tri Colored Couscous with Quinoa

Sautéed Kale with Bacon

WEDNESDAY October 20th

GRILLED VEAL CHOP

Pumpkin Risotto

Roasted Beets

CRAB CAKES

Mashed Sweet Potatoes

Vegetable Medley





FRIDAY October 22nd

THURSDAY OCTOBER 21ST

CHICKEN POT PIE

Lemon Brown Rice with Thyme
Cinnamon Roasted Butternut
Squash

**SWORDFISH WITH ORANGE
FENNEL MARMALADE**

Mushroom Barley
Brussels Sprouts

LAMB STEW

Mashed Yukon Gold Potatoes
Mustard Honey Roasted Parsnips

**FISH FRY (BROILED, BREADED OR
BEER BATTERED)**

French Fries or Onion Rings
Creamed Spinach

SATURDAY EVENING SPECIALS OCTOBER 23RD

CHATEAUBRIAND

Jasmine Rice with
Cranberries and Pumpkin
Seeds

Mashed Yukon Potatoes

SEARED JUMBO SEA SCALLOPS

Marble Potatoes

Green Beans