

## Monday September 27th

#### ROAST TURKEY BREAST WITH GRAVY

Herb Stuffing
Peas and Carrots

#### CRAB CRUSTED TILAPIA

Mashed Potatoes Cauliflower

# WEDNESDAY September 29th

**BEEF OSSO BUCO** 

Mashed Yukon Gold Potatoes Vegetable Casserole

SEARED SEA BASS WITH CITRUS SALSA

Rice Pilaf Green Beans

#### TUESDAY SEPTEMBER 28TH

#### CHICKEN FRENCH

Roasted Garlic Risotto Artichokes

#### **GRILLED JUMBO SHRIMP**

Cheddar Grits Asparagus





## THURSDAY SEPTEMBER 30TH

VEAL PICCATA
Roasted Red Bliss Potatoes
Three Bean Salad
GRILLED MAPLE TUNA
Orzo Salad with Craisins and Walnuts
Brussel Sprouts

### FRIDAY October 1st

Acorn Squash

WHITE VEGETABLE LASAGNA
Mozzarella Garlic Bread
Braised Kale
FISH FRY (BROILED, BREADED OR BEER
BATTERED)
French Fries or Onion Rings

### SATURDAY EVENING SPECIALS OCTOBER 2ND

### **RACK OF LAMB**

Bourbon Sweet Potatoes Vegetable Casserole

## SEARED HALIBUT WITH LEMON CAPER BUTTER

Mediterranean Quinoa Broccoli