

CLOVERWOOD

— weekly features —

Monday September 13th

TILAPIA WITH LOBSTER SAUCE

Herbed Quinoa

Baby Carrots

POT ROAST

Mashed Potatoes

Cauliflower

WEDNESDAY September 15th

CREAMY PARMESAN PUMPKIN CHICKEN

Wild Mushroom Farro

Vegetable Casserole

GRILLED TUNA WITH TOMATOES, CAPERS AND OLIVES

Saffron Rice

Green Beans

TUESDAY SEPTEMBER 14TH

PORK CUTLET WITH DILL PICKLE CREAM SAUCE

Cheddar Polenta

Braised Swiss Chard

SEAFOOD POT PIE

Citrus Couscous

Parsnip Puree





THURSDAY SEPTEMBER 16TH

BEEF STEW

Yukon Gold Mashed Potatoes

Three Bean Salad

SEARED RED SNAPPER WITH PESTO CREAM

Parmesan Risotto

Sugar Snap Peas

FRIDAY September 17th

SEARED DUCK BREAST

Candied Sweet Potatoes with Pecans

Braised Kale

FISH FRY (BROILED, BREADED OR BEER BATTERED)

French Fries or Onion Rings

Corn on the Cob

SATURDAY EVENING SPECIALS SEPTEMBER 18TH

LAMB CHOPS

Baked Potato or Sweet Potato

Broccoli

CRAB STUFFED FLOUNDER

Mac-n-Cheese

Succotash