

# CLOVERWOOD

— weekly features —

## Monday July 12th

### POT ROAST

*Baked Potato or Sweet Potato*  
*Baby Carrots*

### TROUT WITH LEMON HERB BUTTER

*Toasted Almond Couscous*  
*Sugar Snap Peas*

## TUESDAY JULY 13TH

### CHICKEN COBB SALAD

*Baked Potato or Sweet Potato*  
*Vegetable Medley*

### SEAFOOD NEWBURG

*Brown Rice Pilaf*  
*Pea and Cauliflower Mashed*

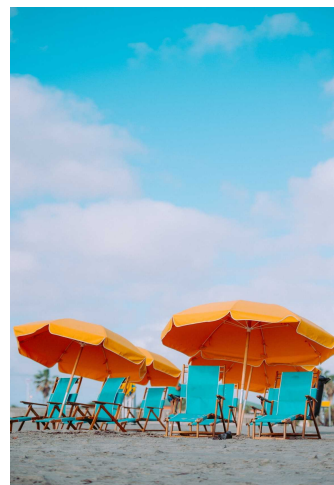
## WEDNESDAY July 14th

### THAI BEEF NOODLE BOWL

*Lo Mein Noodles*  
*Baby Bok Choy*

### GRILLED MAHI MAHI WITH PINEAPPLE

**MANGO SALSA**  
*Green Beans*





## THURSDAY JULY 15TH

### SEARED DUCK BREAST

*Baked Potato or Sweet Potato*

*Asparagus*

### GRILLED JUMBO WITH PESTO

*Sun-dried Tomato Risotto*

*Cucumber Salad*

## FRIDAY July 16th

### GRILLED TURKEY CUTLETS WITH SHERRY GRAVY

*Baked Potato or Sweet Potato*

*Broccoli*

### FISH FRY (BROILED, BREADED OR BEER BATTERED)

*French Fries or Onion Rings*

*Corn on the Cob*

## SATURDAY EVENING SPECIALS JULY 17TH

### JAMAICAN JERK CHICKEN

### PEPPERED JUMBO SHRIMP

*Fried Plantains*

*Braised Cabbage*

*Black Beans and Rice*

## CARIBBEAN NIGHT