



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Linden Knoll Store Hours: Monday – Friday 10:30am-12pm & 1pm–2pm & Saturday 10:30-12pm *Closed Holidays</p>	<p>Catholic Mass Monday–Friday 9:15– St. Thomas More Mass (channel 4)</p>			<p>1 10– Exercise: Donna (upper) 10– Beats & Bible with Rev. Gary (channel 4) 11:30– Lunch at Dog Town 2– Bible & <i>No Brew</i> (lower) 7-Bingo (lower)</p>	<p>2 10– Tops – Panorama 11– Target–Penfield 2– Current Events (library) 7– Netflix (upper)</p>	<p>3 10– Exercise (channel 4) 2– Marianna Gonzalez– accordion (in-person–lower dining & channel 4)</p>
<p>4 Happy 4th of July 10:30– Christian Worship (lower) 2– Tom Chase–piano (in-person–lower dining & channel 4) 7– Betsy’s Documentary/ Movie (lower)</p>	<p>5 8:30– Chair Yoga (upper)</p>	<p>6 10– Exercise: Donna (upper) 2– Conversational Sign Language (lower)</p>	<p>7 10– Wegmans– Pittsford 11– Wegmans– C. Club 1– Chair Yoga (upper)</p>	<p>8 10– Exercise: Donna (upper) 10– Beats & Bible with Rev. Gary (channel 4) 11:30– Lunch at Log Cabin 7-Bingo (lower)</p>	<p>9 10– Tops – Panorama 11– Target–Penfield 2– Current Events (library) 7– Netflix (upper)</p>	<p>10 10– Exercise (channel 4) 2– Java–guitar & vocals (in-person–lower dining & channel 4)</p>
<p>11 10:30– Christian Worship (lower) 7– Betsy’s Documentary/ Movie (lower)</p>	<p>12 8:30– Chair Yoga (upper) 2-SAND Group 2:15– Life Enrichment Committee Meeting (lower)</p>	<p>13 10– Exercise: Donna (upper)</p>	<p>14 10– Wegmans– Pittsford 11– Wegmans– C. Club 11- Town Hall Meeting (lower) 1– Chair Yoga (upper) 2– Dinning Committee (lower)</p>	<p>15 10– Exercise: Donna (upper) 10– Beats & Bible with Rev. Gary (channel 4) 11:30– Brightly Farms 2– Bible & <i>No Brew</i> (lower) 7-Bingo (lower)</p>	<p>16 10– Tops – Panorama 11– Target–Penfield 2– Current Events (library) 7– Netflix (upper)</p>	<p>17 10– Exercise (channel 4) 2– John Dady–guitar & vocals (in-person–lower dining & channel 4)</p>
<p>18 10:30– Christian Worship (lower) 7– Betsy’s Documentary/ Movie (lower)</p>	<p>19 8:30– Chair Yoga (upper) 2-Lets Talk Books– book share</p>	<p>20 10– Exercise: Donna (upper) 11– Roman Catholic Mass (lower) 2– Conversational Sign Language (lower)</p>	<p>21 10– Wegmans– Pittsford 11– Wegmans– C. Club 1– Chair Yoga (upper)</p>	<p>22 10– Exercise: Donna (upper) 10– Beats & Bible with Rev. Gary (channel 4) 11– Lunch at Magnolias - 7– Bingo (lower)</p>	<p>23 10– Tops – Panorama 11– Target–Penfield 2– Current Events (library) 7–Netflix (upper)</p>	<p>24 10– Exercise (channel 4) 2– Christine DeValder– trombone (in-person–lower dining & channel 4)</p>
<p>25 10:30– Christian Worship (lower) 4–Dory’s Stories: Life & Music of Patsy Cline 7– Betsy’s Documentary/ Movie (lower)</p>	<p>26 8:30– Chair Yoga (upper) 2-SAND Group</p>	<p>27 10– Exercise: Donna (upper)</p>	<p>28 10– Wegmans– Pittsford 11– Wegmans– C. Club 1– Chair Yoga (upper)</p>	<p>29 10– Exercise: Donna (upper) 10– Beats & Bible with Rev. Gary (channel 4) 10:15– Red Wings Game 7– Bingo (lower)</p>	<p>30 10– Tops – Panorama 11– Target–Penfield 2– Current Events (library) 7–Netflix (upper)</p>	<p>31 10– Exercise (channel 4) 2– Alex Goetell–guitar & vocals (in-person–lower dining & channel 4)</p>



Linden Knoll phone numbers

Front Desk: 789-3700
Debra Wildow (Assistant Manager): 789-3701
The Friendly Home: 381-1600
Dining Services: 269-9676
Beauty Shop: 789-3166
Need something Fixed? 789-3366
Brandon Buonomo (Life Enrichment Coordinator): 789-3122
Reverend Gary Schindler (Pastoral Care Coordinator): 789-3125
Sam Snyder (Entertainment): 789-3129
Kathy Main (Volunteer Coordinator): 789-3153

Linden Knoll Life Enrichment Committee Members

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| 1. Rosalie Kloner | 302 |
| 2. Marianne Flanagan | 106 |
| 3. Betsy Enstrom | 322 |
| 4. Jodi Lindauer | 004 |
| 5. Gene Martzloff | 405 |
| 6. Drew Miller | 219 |
| 7. Sherris Kleinstein | 601 |
| 8. Jean Patterson | 620 |
| 9. Suzanne Forman | 215 |

Shopping Trips & Outings

- We are now able to offer full bus trips, taking 12 residents including 2 people sitting in wheel chairs.
- We will offer 2 trips to Wegmans on Wednesdays. Pittsford at 10am and Country Club at 11am.
- Friday's we will offer 1 trip to Tops Panorama at 10am and 1 trip to Target Penfield at 11am.

Linden Knoll programs are Resident run and resident driven.
If you would like to start a program please contact Brandon Buonomo