

CLOVERWOOD

— weekly features —

Monday February 8th

BEEF STEW

CRAB CRUSTED TILAPIA

Red Bliss Mashed Potatoes

Barley

Asparagus

Mixed Vegetables

WEDNESDAY February 10th

SOUTHWEST CHICKEN THIGHS

MUSSELS AND LINGUINE

Split Pea Puree

Black Beans and Rice

Green Beans

Sautéed Corn and Sweet Peppers

TUESDAY FEBRUARY 9TH

PORK CHOPS WITH WHOLE GRAIN MUSTARD
CREAM SAUCE

GINGER SESAME JUMBO SHRIMP

Whole Grains, Rice and Legumes

Sweet Potato Risotto

Sautéed Bok Choy

Braised Swiss Chard





THURSDAY FEBRUARY 11TH

SPAGHETTI AND MEATBALLS

CRAB CAKES

Herb Quinoa

Marble Potatoes

Baked Zucchini

Cauliflower

FRIDAY February 12th

SPINACH AND MUSHROOM STUFFED
PORKLOIN

FISH FRY (BROILED, BREADED OR BEER
BATTERED)

French Fries or Onion Rings

Mashed Sweet Potatoes

Creamed Spinach

Brussels Sprouts

SATURDAY EVENING SPECIALS FEBRUARY 13TH

FILET AND JUMBO SHRIMP OSCAR

Buttermilk Chive Mashed Potatoes

Asparagus