Here are some great things going on around the Home...

There are many great things to do around the Friendly Home. Everyone is welcome to join in any of the programs offered, please ask for assistance with program location.

Channel 3 is WXXI Reachout Radio
Channel 4 is The Friendly Home Broadcast Channel

If you have any questions, please don’t hesitate to contact one of the Life Enrichment Team members as listed below:

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Courtney Pierce</td>
<td>789-3121</td>
<td>Director of Life Enrichment</td>
</tr>
<tr>
<td>Laura Schwab</td>
<td>789-3127</td>
<td>Selden Place</td>
</tr>
<tr>
<td>Julie Dussing</td>
<td>789-3126</td>
<td>Porter Place</td>
</tr>
<tr>
<td>Sarah Sharp</td>
<td>789-3128</td>
<td>Memory Care</td>
</tr>
<tr>
<td>Sheila Gotham</td>
<td>789–3124</td>
<td>Morgan Place</td>
</tr>
<tr>
<td>Beth Perdan</td>
<td>789-3123</td>
<td>Lindsay Place</td>
</tr>
<tr>
<td>Sam Snyder</td>
<td>789-3129</td>
<td>Music Therapist</td>
</tr>
<tr>
<td>Gary Schindler</td>
<td>789-3125</td>
<td>Pastoral Coordinator</td>
</tr>
<tr>
<td>Brandon Buonomo</td>
<td>789-3122</td>
<td>Life Enrichment Coordinator</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lovejoy TCC &amp; Linden Knoll</td>
</tr>
</tbody>
</table>

Memorial Gallery Artist: Pittsford Art Group
Members’ Art Gallery Artist: Elizabeth Donnelly—paintings

Calendar is subject to change

(*) Worship Services/Entertainments may also be viewed on channel 4.
Here are some great things going on around the Home...

**Friendly Home**  
**Life Enrichment Calendar**

<table>
<thead>
<tr>
<th>Friday, November 1st</th>
<th>Saturday, November 2nd</th>
<th>Sunday, November 3rd</th>
<th>Monday, November 4th</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00– December Calendar Planning (Porter Place)</td>
<td>10:00– Sensory Stories &amp; Hand Massages (Porter Place)</td>
<td>10:30– Christian Worship Service (Auditorium)</td>
<td>10:00– Exercise: Music &amp; Stretch (Lindsay Place)</td>
</tr>
<tr>
<td>10:00– Morning Exercise (Lindsay Place)</td>
<td>10:00– Catch Phrase (Lindsay Place)</td>
<td>2:00– Tom Chase— piano (Auditorium)</td>
<td>10:00– Piano Lounge (Porter Place)</td>
</tr>
<tr>
<td>11:00– Bean Bag Toss (Selden Place)</td>
<td>11:00– Trivia Games (Selden Place)</td>
<td>11:00– Word Games (Morgan Place)</td>
<td>11:00– Catch Phrase (Selden Place)</td>
</tr>
<tr>
<td>11:00– Trivia (Morgan Place)</td>
<td>2:00– Sugar &amp; Spice— jazz (Auditorium)</td>
<td>2:00– Name 5 (Lindsay Place)</td>
<td>11:00– Word Games (Morgan Place)</td>
</tr>
<tr>
<td>2:00– Movies &amp; Manicures (Morgan Place)</td>
<td>3:00– Reminisce &amp; Refreshments (Morgan Place)</td>
<td>2:30– Bingo (Morgan Place)</td>
<td>3:00– Sing-along (Selden Place)</td>
</tr>
<tr>
<td>2:00– Baking (Life Enrichment Center)</td>
<td>3:45– Reminisce &amp; Refreshments (Morgan Place)</td>
<td>3:00– Sing-along (Selden Place)</td>
<td>3:45– Coloring (Porter Place)</td>
</tr>
<tr>
<td>3:00– Craft (Porter Place)</td>
<td>7:00– AMPS Vocal Ensemble (Auditorium)</td>
<td>3:45– Coloring (Porter Place)</td>
<td>7:00– AMPS Vocal Ensemble (Auditorium)</td>
</tr>
<tr>
<td>3:45– Balloon Volley (Selden Place)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Calendar is subject to change  
(*) Worship Services/Entertainments may also be viewed on channel 4.
<table>
<thead>
<tr>
<th>Tuesday, November 5th</th>
<th>Wednesday, November 6th</th>
<th>Thursday, November 7th</th>
<th>Friday, November 8th</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00– Exercise: Seated Tai Chi (Lindsay Place)</td>
<td>10:00– Hanging Fall Tree (Porter Place)</td>
<td>10:00– Yahtzee (Porter Place)</td>
<td>10:00– What’s in the Bag (Porter Place)</td>
</tr>
<tr>
<td>10:00– Piano Magic (Porter Place Library)</td>
<td>10:15– Exercise: Boxing (Auditorium)</td>
<td>10:30– Exercise: Stretch &amp; Meditation with Stacy (Porter Place Library)</td>
<td>10:00– Food Council (Auditorium)</td>
</tr>
<tr>
<td>11:15– Music with Tom Chase (Selden Place)</td>
<td>11:00– Music Therapy (Selden Place)</td>
<td>10:30– Jeopardy (Selden Place)</td>
<td>10:00– Balloon Volleyball (Lindsay Place)</td>
</tr>
<tr>
<td>2:15– Guitar Music with John (Lindsay Place)</td>
<td>11:00– 20 Questions (Morgan Place)</td>
<td>10:30– Beats, Bible &amp; Brew (Auditorium)</td>
<td>11:00– Balloon Toss (Morgan Place)</td>
</tr>
<tr>
<td>2:30– Bingo (Morgan Place)</td>
<td>2:00– Quilt Making (Life Enrichment Center)</td>
<td>11:00– Music Therapy (Porter Place)</td>
<td>11:00– December Calendar Planning (Selden Place)</td>
</tr>
<tr>
<td>3:30– Biography of Norma Shearer (Selden Place)</td>
<td>2:00– Member Choice Game (Morgan Place)</td>
<td>11:00– Name 5 (Morgan Place)</td>
<td>2:00– Coloring (Morgan Place)</td>
</tr>
<tr>
<td>3:45– Puzzle Corner (Porter Place)</td>
<td>3:00– Music Therapy (Lindsay Place)</td>
<td>1:45– Puzzle Corner (Selden Place)</td>
<td>2:00– Puzzles (Lindsay Place)</td>
</tr>
<tr>
<td></td>
<td>3:00– Veterans’ Day Preparations (Selden Place)</td>
<td>1:45– Service Projects (Lindsay Place)</td>
<td>3:00– Name 10 (Selden Place)</td>
</tr>
<tr>
<td></td>
<td>3:30– Euchre (Porter Place)</td>
<td>2:00– Music Therapy (Morgan Place)</td>
<td>3:30– Wine &amp; Cheese (Porter Place)</td>
</tr>
<tr>
<td></td>
<td>4:00– Biography of Edgar Allen Poe (Lindsay Place)</td>
<td>2:00– Travelogue: Members Choice (Porter Place)</td>
<td></td>
</tr>
<tr>
<td>Calendar is subject to change</td>
<td></td>
<td>3:00– Cocktail Hour (Auditorium)</td>
<td></td>
</tr>
</tbody>
</table>

(*) Worship Services/Entertainments may also be viewed on channel 4.
Here are some great things going on around the Home...

**November 2019**

**Friendly Home**
**Life Enrichment Calendar**

<table>
<thead>
<tr>
<th>Saturday, November 9&lt;sup&gt;th&lt;/sup&gt;</th>
<th>Sunday, November 10&lt;sup&gt;th&lt;/sup&gt;</th>
<th>Monday, November 11&lt;sup&gt;th&lt;/sup&gt;</th>
<th>Tuesday, November 12&lt;sup&gt;th&lt;/sup&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00– Time with Sam (Porter Place)</td>
<td>10:30– Christian Worship Service (Auditorium)</td>
<td><strong>Thank You Veterans</strong></td>
<td>10:00– Piano Magic (Porter Place Library)</td>
</tr>
<tr>
<td>10:00– Travelogue: Plymouth, MA (Lindsay Place)</td>
<td>10:00– Travelogue: Plymouth, MA (Lindsay Place)</td>
<td>10:30– Veterans’ Day Celebration (Auditorium)</td>
<td>10:30– Exercise: Morning Stretch (Lindsay Place)</td>
</tr>
<tr>
<td>11:00– Open Recreation (Selden Place)</td>
<td>2:00– Sing-Along with Beth &amp; Sam (Auditorium)</td>
<td>2:00– Patriotic Craft (Life Enrichment Center)</td>
<td>10:30– Roman Catholic Mass (Auditorium)</td>
</tr>
<tr>
<td>2:00– Paul Strowe— guitar (Auditorium)</td>
<td>11:00– Open Recreation (Selden Place)</td>
<td>2:30– Travel to: Copenhagen Denmark (Selden Place)</td>
<td>10:30– Outing to Root 31 (sign-up with Julie; meet in lobby)</td>
</tr>
<tr>
<td>3:45– Time with Beth (Morgan Place)</td>
<td>2:00– Sing-Along with Beth &amp; Sam (Auditorium)</td>
<td>2:30– Bingo (Morgan Place)</td>
<td>11:15– Music with Tom Chase (Selden Place)</td>
</tr>
<tr>
<td>10:30– Christian Worship Service (Auditorium)</td>
<td>3:30– Refreshments &amp; December Calendar Planning (Lindsay Place)</td>
<td>3:30– Refreshments (Porter Place)</td>
<td>2:15– Guitar Music with John (Lindsay Place)</td>
</tr>
<tr>
<td>10:30– Veterans’ Day Celebration (Auditorium)</td>
<td></td>
<td>3:45– Joy Community Church Planning (Porter Place)</td>
<td>2:30– Bingo (Morgan Place)</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>2:30– Baking Pie (Selden Place)</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>3:45– Refreshments (Porter Place)</td>
</tr>
</tbody>
</table>

Calendar is subject to change

(*) Worship Services/Entertainments may also be viewed on channel 4.
November 2019

Friendly Home
Life Enrichment Calendar

<table>
<thead>
<tr>
<th>Wednesday, November 13th</th>
<th>Thursday, November 14th</th>
<th>Friday, November 15th</th>
<th>Saturday, November 16th</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00– Gratitude Game (Lindsay Place)</td>
<td>10:00– Alpha Ball Trivia (Lindsay Place)</td>
<td>10:00– Pictionary (Porter Place)</td>
<td>10:00– Chicken Soup Stories (Porter Place)</td>
</tr>
<tr>
<td>10:15– Music with Sheila (Morgan Place)</td>
<td>10:00– December Calendar Planning (Morgan Place)</td>
<td>10:00– Kickball (Lindsay Place)</td>
<td>10:00– Travelogue: Paris (Lindsay Place)</td>
</tr>
<tr>
<td>10:30– Manicures (Porter Place)</td>
<td>10:00– Hand Massages (Porter Place)</td>
<td>11:00– Biography &amp; Music of Count Basie (Selden Place)</td>
<td>11:00– Music with Sheila (Selden Place)</td>
</tr>
<tr>
<td>11:00– Music Therapy (Selden Place)</td>
<td>10:30– Morning Exercise (Selden Place)</td>
<td>11:00– Thanksgiving Traditions (Morgan Place)</td>
<td>2:00– Top Brass Band (Auditorium)</td>
</tr>
<tr>
<td>11:15– Rosary (Morgan Place)</td>
<td>11:00– Neighborhood Meeting (Lindsay Place)</td>
<td>11:00– Music Therapy (Porter Place)</td>
<td>3:45– Giving Thanks (Morgan Place)</td>
</tr>
<tr>
<td>2:00– Art for The Young at Heart (Lindsay Place)</td>
<td>11:00– Music Therapy (Porter Place)</td>
<td>1:45– Service Projects (Lindsay Place)</td>
<td></td>
</tr>
<tr>
<td>2:30– Trivia &amp; Treats (Selden Place)</td>
<td>2:00– Milkshakes &amp; Chats (Porter Place)</td>
<td>2:00– Sensory Books (Lindsay Place)</td>
<td></td>
</tr>
<tr>
<td>3:00– Music Therapy (Lindsay Place)</td>
<td>2:00– Music Therapy (Morgan Place)</td>
<td>3:00– Autumn Poem (Selden Place)</td>
<td></td>
</tr>
<tr>
<td>3:30– Euchre (Porter Place)</td>
<td>2:15– Neighborhood Meeting (Selden Place)</td>
<td>3:30– Rummy (Porter Place)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Calendar is subject to change

(*) Worship Services/Entertainments may also be viewed on channel 4.
November 2019

Here are some great things going on around the Home...

<table>
<thead>
<tr>
<th>Sunday, November 17th</th>
<th>Monday, November 18th</th>
<th>Tuesday, November 19th</th>
<th>Wednesday, November 20th</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30– Christian Worship Service (Auditorium)</td>
<td>10:00– 25 Random Things About Me (Lindsay Place)</td>
<td>10:00– Exercise: Seated Yoga (Lindsay Place)</td>
<td>10:15– Exercise: Boxing (Lindsay Place)</td>
</tr>
<tr>
<td>2:00– What We Are Thankful For (Auditorium)</td>
<td>10:00– Hangman (Porter Place)</td>
<td>10:00– Piano Magic (Porter Place Library)</td>
<td>10:15– Music with Sheila (Morgan Place)</td>
</tr>
<tr>
<td></td>
<td>10:30– Group Crosswords (Selden Place)</td>
<td>10:00– Time with Julie (Porter Place)</td>
<td>10:30– Bowling (Porter Place)</td>
</tr>
<tr>
<td></td>
<td>10:45– Neighborhood Meeting (Porter Place)</td>
<td>10:30– Morning Exercise (Selden Place)</td>
<td>11:00– Music Therapy (Selden Place)</td>
</tr>
<tr>
<td></td>
<td>11:00– Exercise (Morgan Place)</td>
<td>11:15– Music with Tom Chase (Selden Place)</td>
<td>11:15– Rosary (Morgan Place)</td>
</tr>
<tr>
<td></td>
<td>2:00– Crafts: Thankful for You Cards (Life Enrichment Center)</td>
<td>2:00– Coloring (Porter Place)</td>
<td>2:00– Parkinson’s Support Group (Morgan Place)</td>
</tr>
<tr>
<td></td>
<td>2:30– Tea Party (Selden Place)</td>
<td>2:15– Guitar Music with John (Lindsay Place)</td>
<td>2:30– Crafts (Morgan Place)</td>
</tr>
<tr>
<td></td>
<td>2:30– Bingo (Morgan Place)</td>
<td>2:30– Bingo (Morgan Place)</td>
<td>2:30– Thankful Project (Selden Place)</td>
</tr>
<tr>
<td></td>
<td>3:30– Wine &amp; Cheese (Porter Place)</td>
<td>3:30– Senses of Thanksgiving (Selden Place)</td>
<td>3:00– Music Therapy (Lindsay Place)</td>
</tr>
<tr>
<td></td>
<td>3:45– Refreshments &amp; Name 10 (Lindsay Place)</td>
<td>3:30– Thankful Turkey (Lindsay Place)</td>
<td>3:30– Euchre (Porter Place)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3:45– UNO (Porter Place)</td>
<td>4:00– Reverse Dictionary (Lindsay Place)</td>
</tr>
</tbody>
</table>

Calendar is subject to change (*) Worship Services/Entertainments may also be viewed on channel 4.
## Friendly Home
### Life Enrichment Calendar

#### November 2019

Here are some great things going on around the Home...

<table>
<thead>
<tr>
<th>Thursday, November 21&lt;sup&gt;st&lt;/sup&gt;</th>
<th>Friday, November 22&lt;sup&gt;nd&lt;/sup&gt;</th>
<th>Saturday, November 23&lt;sup&gt;rd&lt;/sup&gt;</th>
<th>Sunday, November 24&lt;sup&gt;th&lt;/sup&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00– Craft Sale Preparations</td>
<td>10:00– Thanksgiving Poems, Quotes &amp; What We Are Thankful For</td>
<td>10:00– Time with Julie</td>
<td>10:30– Christian Worship Service (Auditorium)</td>
</tr>
<tr>
<td>(Lindsay Place)</td>
<td>(Morgan Place)</td>
<td>(Porter Place)</td>
<td>2:00– Thanksgiving games: Pictionary &amp; Hangman (Auditorium)</td>
</tr>
<tr>
<td>10:00– Crafts (Morgan Place)</td>
<td>10:00– Hockey (Lindsay Place)</td>
<td>10:00– Open Recreation</td>
<td></td>
</tr>
<tr>
<td>11:00– Music Therapy (Porter Place)</td>
<td>10:15– What are You Thankful For? (Porter Place)</td>
<td>(Lindsay Place)</td>
<td>11:00– Manicures (Selden Place)</td>
</tr>
<tr>
<td>11:00– Members’ Choice Game</td>
<td>11:00– Word Games (Selden Place)</td>
<td>2:00– Allen Hopkins— folk music (Auditorium)</td>
<td></td>
</tr>
<tr>
<td>(Selden Place)</td>
<td>2:00– Travel to Australia with Rian (Auditorium)</td>
<td>3:45– Hand Massages (Morgan Place)</td>
<td></td>
</tr>
<tr>
<td>1:45– Service Project (Lindsay Place)</td>
<td>3:30– Ring Toss (Selden Place)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:00– Music Therapy (Morgan Place)</td>
<td>3:30– Puzzle Time (Porter Place)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:00– Chicken Soup Stories: Giving Thanks (Porter Place)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:00– Cocktail Hour (Auditorium)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>10:00– Thanksgiving Poems, Quotes &amp; What We Are Thankful For (Morgan Place)</td>
<td>10:00– Open Recreation (Lindsay Place)</td>
<td></td>
</tr>
</tbody>
</table>

- Calendar is subject to change
- (*) Worship Services/Entertainments may also be viewed on channel 4.
Here are some great things going on around the Home...

**November 2019**

**Friendly Home**  
**Life Enrichment Calendar**

<table>
<thead>
<tr>
<th>Monday, November 25(^{th})</th>
<th>Tuesday, November 26(^{th})</th>
<th>Wednesday, November 27(^{th})</th>
</tr>
</thead>
</table>
| 10:00– What Would You Do: Thanksgiving Themed (Lindsay Place)  
10:00– Chicken Soup Stories (Morgan Place)  
10:30– Baking Cake (Porter Place)  
10:30– Craft Sale Visits (Selden Place)  
2:00– Baking: Decorating Cookies (Life Enrichment Center)  
2:30– Relaxation Hour (Selden Place)  
2:30– Giving Thanks Bingo (Morgan Place)  
3:00– Treats & Refreshments (Porter Place)  
3:45– Euchre (Porter Place)  
3:45– Biography & Music of Randy Newman (Lindsay Place)  |
| 10:00– Exercise: Mind & Body  
(Lindsay Place)  
10:00– Piano Magic  
(Porter Place Library)  
11:15– Music with Tom Chase  
(Selden Place)  
1:30– Outing: Fall Ride (sign-up with Julie; meet in lobby)  
2:15– Guitar Music with John (Lindsay Place)  
2:30– Giving Thanks Bingo (Morgan Place)  
3:30– Turkey Crafts (Selden Place)  
7:00– Daniel Henry (Porter Place)  |
| 10:00– Manicures (Porter Place)  
10:15– Exercise: Boxing (Lindsay Place)  
10:15– Music with Sheila (Morgan Place)  
11:00– Music Therapy (Selden Place)  
11:00– Open Recreation (Porter Place)  
11:15– Rosary (Morgan Place)  
2:30– Holiday Oven with Beth & Sam (Auditorium)  |

Craft Sale  
10:00–3:30  
(Auditorium)

Calendar is subject to change  
(*) Worship Services/Entertainments may also be viewed on channel 4.
Here are some great things going on around the Home...

### November 2019

#### Friendly Home Life Enrichment Calendar

<table>
<thead>
<tr>
<th>Thursday, November 28&lt;sup&gt;th&lt;/sup&gt;</th>
<th>Friday, November 29&lt;sup&gt;th&lt;/sup&gt;</th>
<th>Saturday, November 30&lt;sup&gt;th&lt;/sup&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Thanksgiving Day</strong></td>
<td>9:30– Visits with Laura (Morgan Place)</td>
<td>10:00– Music with Sheila (Porter Place)</td>
</tr>
<tr>
<td><strong>Macy’s Parade</strong></td>
<td>10:00– Sensory Stories (Porter Place)</td>
<td>10:00– Getting to Know You (Lindsay Place)</td>
</tr>
<tr>
<td>9am–Noon</td>
<td>10:00– Time with Sarah (Lindsay Place)</td>
<td>11:00– Time with Sheila (Selden Place)</td>
</tr>
<tr>
<td>NBC—channel 10</td>
<td>11:00– Dog Show Highlights (Selden Place)</td>
<td>2:00– Christine DeValder—trombone (Auditorium)</td>
</tr>
<tr>
<td>2:00– Thanksgiving Word Games</td>
<td>2:00– Movie of the Month: Home Alone (Auditorium)</td>
<td>3:45– Christmas Village Set-Up (Morgan Place)</td>
</tr>
<tr>
<td>(Lindsay Place)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Calendar is subject to change

(*) Worship Services/Entertainments may also be viewed on channel 4.
Massage Therapy

November 7\textsuperscript{th} & 21\textsuperscript{st} — 1pm-3pm
(Tranquility Room)

By appointment only
Contact: Courtney Pierce at 789-3121
November Entertainments

Sugar & Spice—jazz standards
Saturday, November 2nd at 2pm (Auditorium)

Tom Chase—piano
Sunday, November 3rd at 2pm (Auditorium)

AMPS Vocal Ensemble
Monday, November 4th at 7pm (Auditorium)

Paul Strowe—guitar
Saturday, November 9th at 2pm (Auditorium)

Top Brass
Saturday, November 16th at 2pm (Auditorium)

Allen Hopkins—guitar, vocal & banjo
Saturday, November 23rd at 2pm (Auditorium)

Daniel Henry—piano
Tuesday, November 26th at 7pm (Porter Place)

Christine DeValder—trombone
Saturday, November 30th at 2pm (Auditorium)

Entertainments in the Aud. may also be viewed on channel 4.
The Life Enrichment Center located across from the Long Term Therapy Gym is a new multipurpose room. Keep an eye on the calendar for programs being held in this new location. Any questions, feel free to contact one of the Life Enrichment Staff.