



GLENMERE

*assisted living & memory care
at cloverwood*



A FRIENDLY SENIOR LIVING COMMUNITY





Explore the Glenmere difference.



TAILORED FOR SPECIAL NEEDS

The moment you arrive at Glenmere, you'll feel the warmth of a comfortable, supportive community. It's an inviting, uplifting place where family, friends and neighbors enjoy gathering together and making the most of each day.

ASSISTED LIVING

Assisted living at Glenmere meets an important need for residents who are capable of living in an apartment setting but require daily assistance with personal care, medications and other support services. With exceptional amenities and a friendly, attentive staff, life here is so much more because of trusted support.

ENHANCED ASSISTED LIVING

Glenmere is one of the few providers in the Rochester area that is certified by the New York State Department of Health to provide enhanced assisted living services. Enhanced assisted living includes all of Glenmere's standard assisted living services, with additional services provided as necessary based on each resident's individualized plan of care.



MEMORY CARE ASSISTED LIVING

Our specially designed Memory Care neighborhood offers the ideal balance of personal comfort, independence and safety. Warm and compassionate care provided by our highly trained staff inspires greater fulfillment for residents, as well as for families. Glenmere is fully committed to person-centered care, which means that our approach to caring for each resident is based on his or her unique abilities, needs and wishes.

Glenmere is licensed and regulated as an Assisted Living Residence by the New York State Department of Health, so you can be assured of the highest standards of care and service available. And unlike most providers, Glenmere offers a complete range of New York State-licensed assisted living services: Assisted Living, Enhanced Assisted Living, Memory Care Assisted Living and Short-Term Respite Care (as available).

Our personable, professional staff would be happy to answer all of your questions about living at Glenmere. You'll get the answers you seek, the support you need, and the peace of mind to move forward with confidence, knowing that you've made a well-informed decision.

GLENMERE APARTMENT HOMES

Glenmere's lovely apartment homes await your furnishings and individual decorating tastes. Several different floor plans are available to suit your needs.

ASSISTED LIVING APARTMENTS

Studio, one-bedroom and two-bedroom apartments feature generously sized living and bedroom areas, cleverly designed kitchenettes, and spacious baths with walk-in showers. Residents and families enjoy the safety and security provided by our state-of-the-art wireless emergency response system. Glenmere also provides basic cable television and all utilities (except telephone) at no additional charge.

ENHANCED ASSISTED LIVING APARTMENTS

As residents' needs change, their apartment doesn't have to. Those who require enhanced assisted living services will be provided the care they need right in the comfort of their familiar assisted living apartment.

MEMORY CARE APARTMENTS

Memory Care apartments are studio style, featuring spacious living areas and baths. High ceilings and ample windows provide a sense of light and openness, with very pleasant views to garden courtyards. Families are welcome and encouraged to decorate with cherished furnishings and family mementos that are meaningful and comforting.

SHORT-TERM RESPITE STAY

Glenmere applicants approved for assisted living and enhanced assisted living may elect a short-term respite stay option (as available). Our respite apartments are fully equipped and furnished, making a respite stay at Glenmere easy and convenient. Respite stay may be for as little as one week or up to six weeks in a calendar year, and offers an excellent option for those who have a temporary need for assisted living during a period of illness or recuperation.

We are always pleased when a resident stays with us for respite and is then able to return home successfully. On several occasions, residents who have come to us for short-term respite have found the services so much to their liking that they have elected permanent residency at Glenmere. Either way, we would be delighted to speak with you about your short-term respite needs.



Enjoy personalized touches all around.



AMENITIES AND SERVICES

It's the added special touches that set Glenmere apart. Diverse offerings meet a range of specialized interests and necessities.

ASSISTED LIVING AMENITIES AND SERVICES

Aside from encouraging residents to engage in active lifestyles, providing a safe and secure setting is of the utmost importance.

Amenities

- Entry lobby and reception area
- Restaurant-style dining room
- Private dining room
- Recreation/activity room
- Country kitchen for informal resident and family gatherings
- Comfortably furnished living rooms/lounges
- Private assisted bathing spa with whirlpool tub
- Beauty salon/barber shop
- Cards/game room
- Billiards room
- Creative arts center
- General store/gift shop
- Library and computer resource center
- Café and coffee shop
- Courtyards with gardens and walking areas
- Covered porches for outdoor enjoyment

Services

- Professionally coordinated service plans
- Medication management
- Individualized assistance with personal care needs
- Weekly housekeeping
- Daily bed making
- Personal laundry service
- Three chef-prepared meals per day
- Nutritious snacks
- 24-hour staffing on premises
- On-staff nursing professionals
- 24-hour emergency response system
- Recreational, social and educational programs
- Scheduled transportation
- Basic cable television
- All utilities (except telephone)
- Preferred consideration for admission to Friendly Home

ENHANCED ASSISTED LIVING AMENITIES AND SERVICES

Enhanced Assisted Living residents enjoy all of the amenities and services of Glenmere Assisted Living, plus additional services for just the right level of support, including:

- One-person physical assistance with transferring (e.g., from sitting to standing, getting in and out of bed, using the restroom)
- One-person physical assistance with mobility (e.g., walking, wheelchair, electric wheelchair or scooter)
- Assistance with medical equipment (e.g., oxygen, ostomy, catheter, C-PAP)
- Assistance with incontinence care
- Assistance ascending and descending stairs in the event of an emergency

MEMORY CARE AMENITIES AND SERVICES

Our Memory Care residents enjoy the same perks and conveniences with reassuring supervision, including:

Amenities

- Attractively furnished family room
- Country kitchen for informal resident and family gatherings
- Light-filled activity area
- Comfortably appointed dining room
- Lounge areas that foster a positive, supportive social environment
- Private assisted bathing spa with whirlpool tub
- Beauty salon/barber shop
- Relaxing covered porch
- Safe, secure courtyard gardens and walking areas

Services

- Individualized assistance with personal care needs
- Personalized service plans
- Medication management
- Assistance with incontinence care
- Housekeeping and daily bed making
- Personal laundry and linen service
- Three chef-prepared meals per day
- Nutritious snacks
- Recreational, social and educational programs that nurture each person's abilities and skills
- Scheduled transportation
- Basic cable television
- All utilities (except telephone)
- 24-hour emergency response system
- On-staff nursing professionals
- Dedicated staff specifically trained in providing care for residents with memory loss
- Preferred consideration for admission to Friendly Home

EXCEPTIONAL GLENMERE DINING

Glenmere is noted for exceptional food and attentive service. Our dining services operate as a fine restaurant, with prepared-to-order menus incorporating the freshest ingredients available.

The dining services team is particularly skillful at modifying and simplifying menus to suit the abilities of Memory Care residents, carefully taking into account input from family members regarding each resident's preferences. With advance notice, family and friends are always welcome to dine with their loved ones here.



A CONTINUUM OF CARING FRIENDLY SENIOR LIVING COMMUNITIES— FROM EXPERIENCED PEOPLE YOU CAN TRUST.

Every day should be enjoyed to the fullest. That's our focus—for seniors who want residence options that meet lifestyle preferences, care that meets changing needs and support that exceeds expectations.

CLOVERWOOD

ONE SINCLAIR DRIVE • PITTSFORD, NY 14534

Cloverwood is an independent senior community in Pittsford with exceptional offerings that promote a passion for life, as well as personal growth and well-being. Residents enjoy the privacy of their own patio home or apartment—combined with the freedom that comes with a variety of personal services and amenities, and the peace of mind that access to a continuum of care provides—to be comfortable, be inspired and be themselves.

For more information: Call **585-248-1131** or visit cloverwood.org

LINDEN KNOLL

81 LINDEN AVENUE • ROCHESTER, NY 14610

Affordable independence at Linden Knoll includes comfortable living, friendly neighbors and a range of available support options at a surprisingly modest rate. Our Brighton campus features lovely rose gardens and a charming gazebo set amidst attractive landscaping. It combines the advantages of peaceful suburban living with a lifestyle of choice, convenience and peace of mind.

For more information: Call **585-789-3701** or visit lindenknoll.org

FRIENDLY HOME

3156 EAST AVENUE • ROCHESTER, NY 14618

At Friendly Home, exceptional care is enhanced by the clinical resources, services and amenities that exceed Members' expectations. The difference is in the personal details that foster a true sense of belonging. For nursing care, rehabilitation, memory care and hospice care, our goal is to promote dignity, individuality and the highest possible level of independence—to maximize quality of life in a respectful, caring and professional manner.

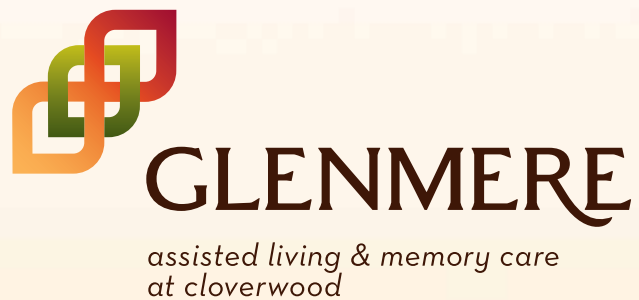
For more information: Call **585-789-3109** or visit friendlyhome.org

LOVEJOY

3156 EAST AVENUE • ROCHESTER, NY 14618

Located within Friendly Home, Lovejoy Transitional Care provides short-term rehabilitation from an experienced, caring team. Our individualized, interdisciplinary approach helps patients regain independence and get "back to health, back to home." Services include Orthopedic Rehabilitation, Cardiac & Stroke Rehabilitation, IV Therapy, Joint Replacement Recovery and Post-Surgical Recovery.

For more information: Call **585-789-3109** or visit lovejoytcc.org



ONE WHEATLEY TERRACE • PITTSFORD, NY 14534

P 585-248-1200 glenmere.org

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